

# Patient-Centered Medical Homes: Where We Are and What We Know

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## Fragmented Care, Weak Primary Care Foundation: Problem and Promise

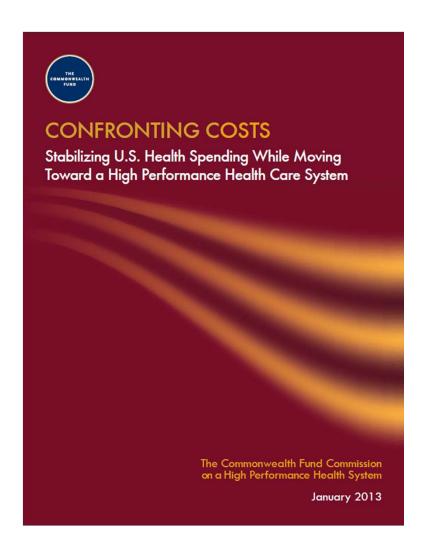
### **Problem:**

- Majority of Americans report difficulty obtaining timely access to care, poorly coordinated care and inefficient, disorganized care
  - Many Americans do not even have a primary care provider
- Longer working hours for lower wages frustrates providers
  - Consequently, fewer medical students are choosing to specialize in primary care, exacerbating patients' perceived lack of access

### **Promise:**

- Strong primary care is associated with better health outcomes, lower cost and greater equity
- Medical home is a strategy to strengthen primary care
- Patient-centered medical homes and complex care management teams are key to high-value accountable care systems
- Multi-payer (public-private) initiatives, if coordinated, have the potential to accelerate the spread of the medical home model

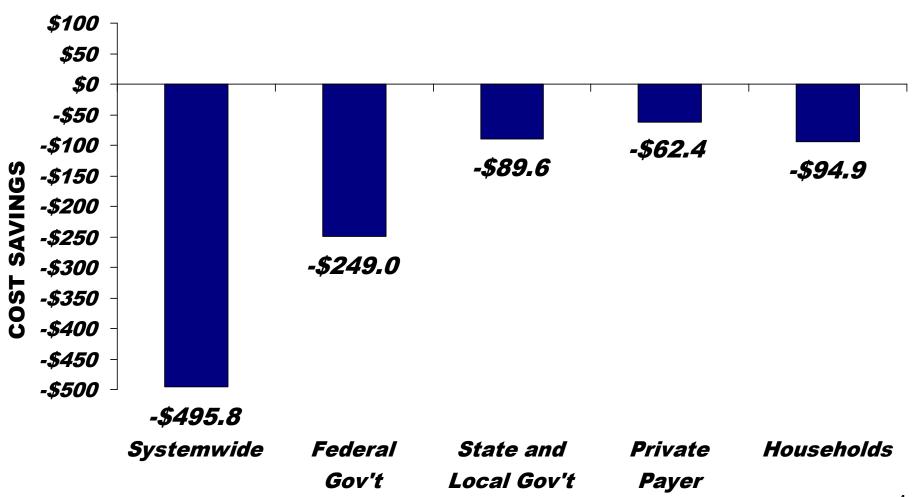
## **Confronting Costs: Savings in Primary Care**



- Jan 2013 Commonwealth Fund report "Confronting Costs" proposes policy options that save up to \$2 trillion over 10 years
- Savings attributable to primary care policy options account for 25% of total savings
  - No other policy options result in such a large reduction in costs
- Medical home model is a prerequisite for delivery system reform and optimizing performance

# Distribution of 10-Year Impact on Spending from Combined Primary Care Payment Policies

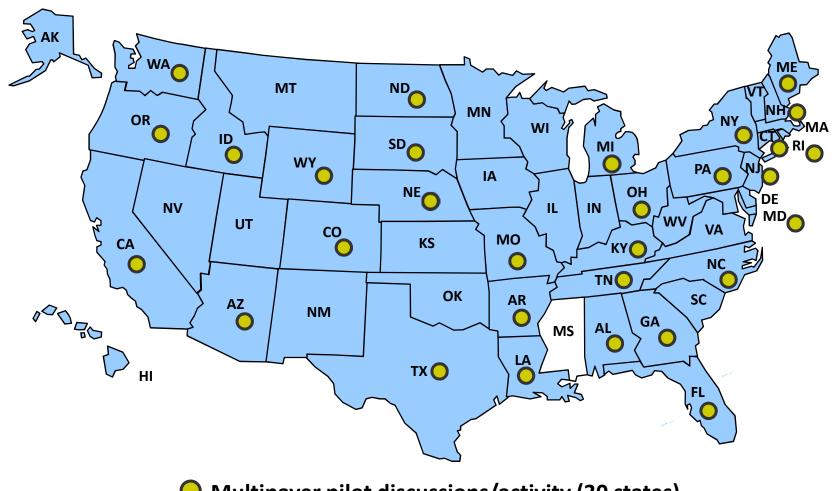
#### **Dollars in billions**



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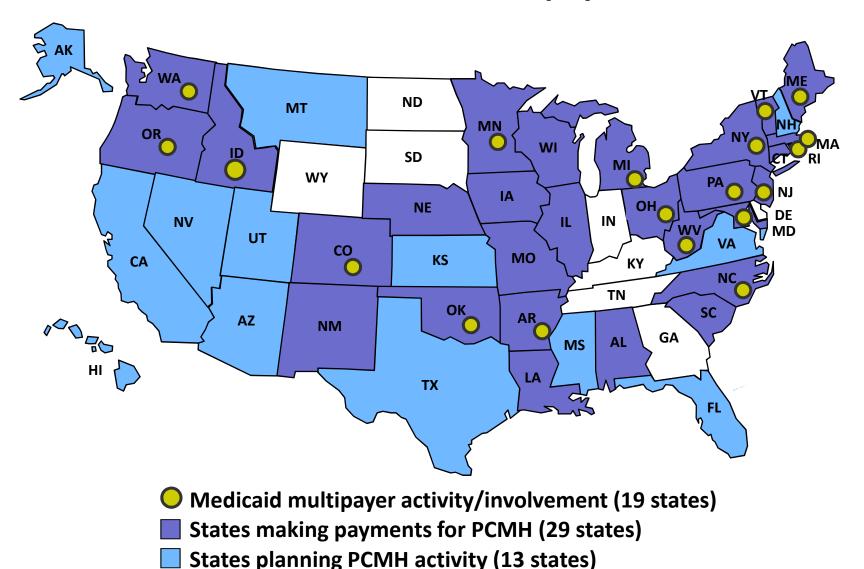
### **Substantial Momentum Underway:**

Commercial Health Plans in 49 States Testing Medical Homes



- Multipayer pilot discussions/activity (30 states)
- Identified pilot activity (49 states)
- No identified pilot activity (1 state)

## 29 State Medicaid Programs Making Medical Home Payments 19 States Involved in Multi-payer Pilots



### **Objectives of Today's Briefing**

- Review value of primary care, and role of medical homes in delivery system reform
- Review current evidence about the impact of patient-centered medical homes on cost and utilization
- Learn about the status of medical home demonstration projects by CMMI
- Hear about successes and challenges that primary care practices have encountered as they transition to medical homes