Access to Quality & Cost Effective Services

**AARP** ranks Washington state second in the nation; for services to older adults, people with disabilities, and family caregiving.

*Nationally, our long-term care spending is 34th*
Today:
Nursing Home caseload is 54% of what it was in 1993 when peak was reached, despite a 168% increase in our state population 65 and over.

$2.7 Billion
Cumulative savings over 15 years

Targeting Services Can Address Diverse Needs and Keep Services Affordable for Taxpayers

“The Right Support at the Right Time”

• Long-term care is now six percent of Washington State’s budget
• Long-term care spending increases an average of 12% every biennium
• The state’s aging population will nearly double between 2015-2035

Continued success is contingent on continued innovation
HCBS: Improving Outcomes and Controlling Costs

- Provide wellness education and training through existing 1915(c) waiver
- Offer skills acquisition training and assistive devices to clients through new state plan option (1915 (k) Community First Choice)
- Improve worker skills and interventions for clients who are high-risk
- Provide supports to unpaid caregivers services to reduce stress and delay need for Medicaid

New Initiatives Require Federal and Systems Flexibility

- Integrate trained caregivers as a part of the client’s health care “team”
- 1115 demonstration waiver
  - Support unpaid family caregivers with targeted supports such as respite and training
  - Target limited supports for those “at risk” of Medicaid spend down
  - Increase the threshold to qualify for nursing home care vs. community care
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