

Shared Decision Making

Honoring Informed Patient Choice



**INFORMED MEDICAL
DECISIONS FOUNDATION**
Healthwise Research and Advocacy

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Practical Patient Centered Engagement Tools Shared Decision Making

SDM has become a standard part of the language of Patient Centered Care

- It is a red, white and blue issue
- Can't engage patients unless they have knowledge
- Can't impart knowledge unless they are informed about choices in understandable way
- SDM with "certified patient decision tools imparts knowledge and allows alignment with patient preferences and values.



Making Health Care Decisions

Volume One: Report

The Ethical and Legal Implications of Informed Consent in the Patient-Practitioner Relationship



President's Commission for the Study of Ethical Problems in Medicine and Biomedical and Behavioral Research

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President's Commission

- First time shared decision making mentioned
- Informed consent is ethical obligation that involves SDM and rooted upon mutual respect
- Foundation is based on open, honest transparent communication
- **NOT** a ritualistic signature on a written form
- Patient entitled to accept or reject medical interventions based on **personal values**

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Patients & physicians view trade-offs differently

Decision: Goal	% top 3 Patient	% top 3 Provider
Surgery: Keep your breast	7%	71%
Reconstruction: Look natural without clothes	59%	80%
Chemotherapy: Live as long as possible	33%	96%
Reconstruction: Avoid using prosthesis	33%	0%



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SHARED DECISION MAKING

By David Arterburn, Robert Wellman, Emily Westbrook, Carolyn Rutter, Tyler Ross, David McCulloch, Matthew Handley, and Charles Jung

Introducing Decision Aids At Group Health Was Linked To Sharply Lower Hip And Knee Surgery Rates And Costs

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ABSTRACT Decision aids are evidence-based sources of health information that can help patients make informed treatment decisions. However, little is known about how decision aids affect health care use when they are implemented outside of randomized controlled clinical trials. We conducted an observational study to examine the associations between introducing decision aids for hip and knee osteoarthritis and rates of joint replacement surgery and costs in a large health system in

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introduction of decision aids was associated with 26 percent fewer hip replacement surgeries, 38 percent fewer knee replacements, and 12–21 percent lower costs over six months. These findings support the

concept that patient decision aids for some health conditions, for which treatment decisions are highly sensitive to both patients' and physicians' preferences, may reduce rates of elective surgery and lower costs.

Group Health Research
Institute.

Carolyn Rutter is a biostatistician and senior investigator at Group Health



96%

OF
2,156
PATIENTS
SURVEYED

**Decision aid videos
helped me understand
my treatment choices**



95%

OF
2,139
PATIENTS
SURVEYED

**Decision aid videos
helped me prepare to
talk with my provider**

Considerable Evidence of Impact

- In 130 trials addressing 23 different screening or treatment decisions, use has led to
 - Greater knowledge
 - More accurate risk perceptions
 - Greater comfort with decisions
 - Greater participation in decision-making
 - Fewer people remaining undecided
 - Fewer patients choosing major surgery



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WA State Passed Three Bills

- Passed legislation in 2007
- Explicitly recognizes SDM is an enhanced informed consent for Preference-Sensitive Conditions if provider uses a “certified aid”
- Led to Group Health demonstration project
- 2009 Passed Bree Collaborative—SDM promoted
- 2012 Passed legislation allowing CMO of HCA to “certify aids” moving forward with criteria
- Payment of providers for SDM being considered

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CERTIFICATION of Decision Aids Essential

- CMS will pay for LDCT for Lung Cancer Screening if SDM used
- Need to develop “Certification” criteria ala WA Schema for Patient Decision Aids
- Three important constituents need to be assured that the aids are of high quality, free of COI and evidence based : Patients, Providers and Policy Makers
- “Certification, Certification, Certification ”

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Health Policy Reasons for Adoption of SDM on Large Scale

- Ethical imperative to do the right thing
- Perfected Informed Consent - Aligning preferences, values and lifestyle with individual's clinical decision
- Bridging Health Disparities
- Conservative Utilization of surgical interventions

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