

Finding Consensus on Policies to Slow Health Spending Growth

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Introduction

- The George Washington University Department of Health Policy analyzed reports from 7 organizations with comprehensive approaches to controlling health spending



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Areas of Consensus

- Paying for value, not volume
 - Quality improvement and patient engagement
 - Improving market competition
 - Setting spending targets
- * While the reports may differ on specific recommendations, they are close enough to suggest commonality and a potential path forward

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Paying for Value, Not Volume

- Transition from current FFS system to a system that rewards better health outcomes and focuses on using resources efficiently
- Expand current payment and delivery system reforms and develop and implement new reforms
 - PCMHs, ACOs, etc.
 - Use health insurance marketplaces as vehicle for encouraging reform
- Establish consistent payment policies across public programs and private payers

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Quality Improvement and Patient Engagement

- Adoption of best practices
- Consistent quality measures
- Increased access to primary care and support services
- Shared decision-making
- Value-based insurance design and purchasing
- Malpractice reforms
- Quality and price transparency
- New Medicare coverage options

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Improving Market Competition

- Improved information, administrative simplification, and increased oversight at federal level to combat fraud
- Increase use of competitive bidding
- Promoting generic drug use

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Setting Spending Targets

- Spending caps/targets at federal or state level
- Increasing bundled payment approaches



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Comparing Health Care Cost-Containment Proposals

- >> SEE INFORMATION ORGANIZED BY PAYER
- >> RETURN TO INTRO
- >> BLOG POST: FINDING CONSENSUS ON POLICIES TO SLOW HEALTH SPENDING GROWTH
- >> SEE APPENDIX



CLICK ON THE CATEGORIES BELOW FOR MORE INFORMATION

1. Payment Improvements & Realigned Incentives	>> 1.1 Medicare's Sustainable Growth Rate (SGR)	✓	✓	✓	✓	✓	✓
2. Implementing & Enhancing Delivery System Reforms	>> 1.2 Medicare Payment Rates	✓	✓	✓	✓	✓	✓
	>> 1.3 Value-Based Purchasing	✓	✓	✓	✓	✓	✓
3. Improving Quality & Engaging Patients	>> 1.4 Alternatives to Fee-For-Service Payment	✓	✓	✓	✓	✓	✓
4. Promoting Market Competition	>> 1.5 Medicare Advantage	✓	✓	✓	✓	✓	✓
	>> 1.6 Supporting Primary Care	✓	✓	✓	✓	✓	✓
5. Other System Reforms	>> 1.7 Promoting High-Quality Care	✓	✓	✓	✓	✓	✓
	>> 1.8 Prescription Drugs	✓	✓	✓	✓	✓	✓
6. Revenue, Spending Targets & Other Reforms	>> 1.9 Graduate Medical Education	✓	✓	✓	✓	✓	✓
	>> 1.10 Other Payment Reforms	✓	✓	✓	✓	✓	✓

Source: Katie Horton, J.D., M.P.H., R.N., Mary-Beth Malcamey, J.D., M.P.H., and Naomi Seiler J.D., George Washington University Department of Health Policy.

Tool can be accessed at: http://www.commonwealthfund.org/usr_doc/site_docs/DRM9/drm_intro.html