Adolescent Behavioral Health: Key Concepts for Service Delivery in an Integrated Healthcare Setting

Presented by: Victoria Ward, LCSW
Integrated health care

“...in essence integrated health care is the systematic coordination of physical and behavioral health care. The idea is that physical and behavioral health problems often occur at the same time. Integrating services to treat both will yield the best results and be the most acceptable and effective approach for those being served.”

Hogg Foundation for Mental Health,
Integrated Care Models

- Co-located Care
- Collaborative Care
- Interdisciplinary Care
- Multidisciplinary Care
- Transdisciplinary Care
Adolescents and Integrated Care

- More likely to receive primary care
- Prevalence of comorbidity
- Early onset of behavioral health issues
Use of Electronic Health Records in Integrated Care Settings

- Patient and provider portals
- InstituteLink
- Regional and Information Exchanges
- Connected records
- Registries and quantifiable outcomes
Welcome to... MyChart MyHealth

- Communicate with your doctor
- Access your test results
- Request prescription renewals
- View your recent clinic visits

NUEVO Mi Record Mi Salud En Español!

Your secure, online health connection

Your health is important to you around the clock—
What partner activities affect you?

- **InstituteLink**
  - **InBasket Messaging** – Our partners can send inbasket messages to individuals or pools.
  - **Scheduling** – Our partners can directly schedule appointments using InstituteLink that will then show in Hyperspace.
  - **Document Upload** – Our partners will be able to upload documents such as consult reports requiring they be appropriately filed into the patient’s medical record.
### Patient Snapshot

**Demographics**

- **Name:** Zoe Zztest
- **Age:** 59 years old
- **DOB:** 2/14/1952
- **Sex:** F
- **MRN:** 1078318
- **PCP:** Zztest, MD

**Allergies**

- **PENICILLINS**
- Last Reviewed by Zztest, MD on 5/9/2004

**Medications**

- **NITROGLYCERIN 0.4 MG SL SUBL**
- **HYDROCHLOROTHIAZIDE 25 MG OR TABS**
- **ASPIRIN 81 MG OR TABS**
- **LIPITOR 10 MG OR TABS**

**Immunizations/Injections**

- **Hepatitis B:** 5/9/2004
- **Influenza:** 10/19/2010
- **MMR:** 10/19/2007
- **Pneumococcal polysaccharide vaccine:** 1/12/2004
- **Tdap:** 12/19/2000

**Problem List**

- **ACUTE URI NOS**
- **HUMAN IMMUNODEFICIENCY VIRUS DIS**
- **DIABETES UNCOMPL ADULT-TYPE II**
- **COUNSELING ON HIV**
- **BENIGN HYPERTENSION**
- **DYSTHYMIC DISORDER**
- **ROUTINE MEDICAL EXAM-ADULT**
- **PURE HYPERCHOLESTEROLEM**
- **LOW BACK PAIN (LUMBAGO)**

**Significant History/Details**

- **Smoking:** Former Smoker (Quit Date: 06/24/2002), 5 ppd, 15 pack-years
- **Smokeless Tobacco:** Unknown
- **Alcohol:** 0.0 oz alcohol/week
- **11 open orders**
Adolescents’ Access to Care
Urban vs. Rural Settings

- Ex. Eating Disorders
- New York City vs. Ulster County
In Closing

- Integrated care bridges the gap
- Changes are needed to facilitate integrated care systems
- Current billing standards