A Health Plan's Perspective on Managed Long Term Services and Supports

Managed care – an ideal approach for LTSS

The benefits of managed care are fully demonstrated when serving individuals with long term service and supports needs.

Sustainability	Flexibility	Accountability
Managing the needs of the most complex individuals served by Medicaid creates sustainability for states by decreasing the costs associated with institutionalized care.	Unlike traditional fee-for-service, managed care is afforded the flexibility to create individualized approaches to care that address physical, behavioral, social and functional needs.	Managed care establishes transparency and accountability through formal quality tracking and reporting.

Managed care – fully realized in MLTSS

While managed care is effective in supporting the needs of any Medicaid population, its benefits are fully realized when used to support individuals in need of long term services and supports.

Predictive Modeling and Risk Stratification	Identifying and anticipating the needs of individuals allows for an effective alignment of supports and proactive engagement to reduce risk of institutionalization or support individuals who want to return to the community.
Assessment and Service Coordination	Individualized engagement – focused on personalized goals and needs – ensures person-centered coordination of services.
Access and Quality Improvement	Supportive relationships with providers and community organizations creates a framework to strategically expand access to services and focus on improved outcomes.

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MLTSS – beyond traditional approaches

Managed care serving individuals with complex needs leverages a breadth of capabilities that reach far beyond traditional insurance to engage individuals holistically.

Supporting transitions to and maintaining placement in communities

Arranging for or coordinating transportation to work, school, doctors' appointments, and community engagement

Supporting success in personal goals including supporting employment and education

Ensuring access to healthy food and providing education on healthy eating

Enabling social supports such as peers and community organizations

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