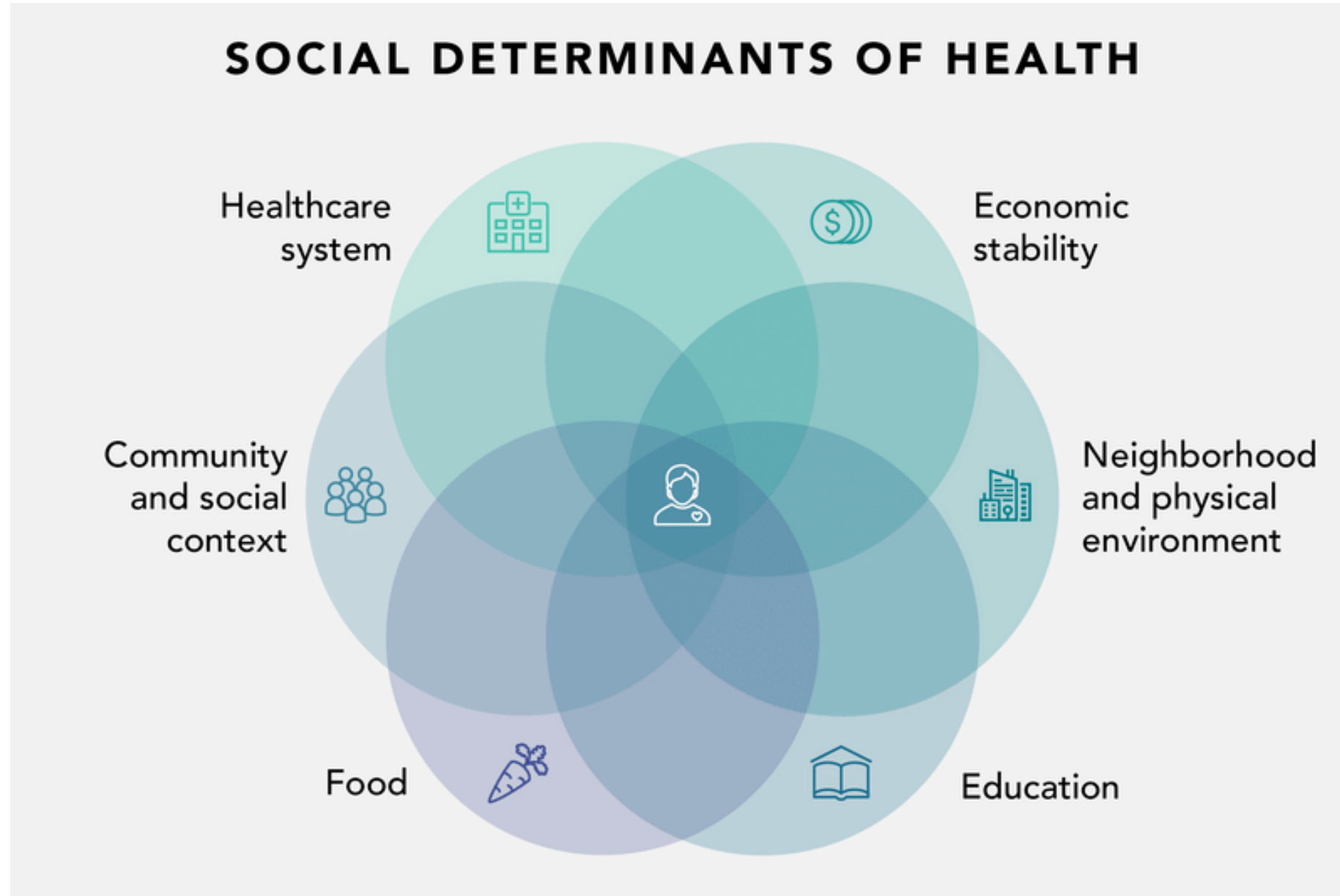


JUNE 19, 2020  
HAPPY JUNETEENTH!

**COVID-19 IN COLOR:  
MENTAL HEALTH +  
COMMUNITY  
RESPONSES**

Riana Elyse Anderson, Ph.D.  
@rianaelyse

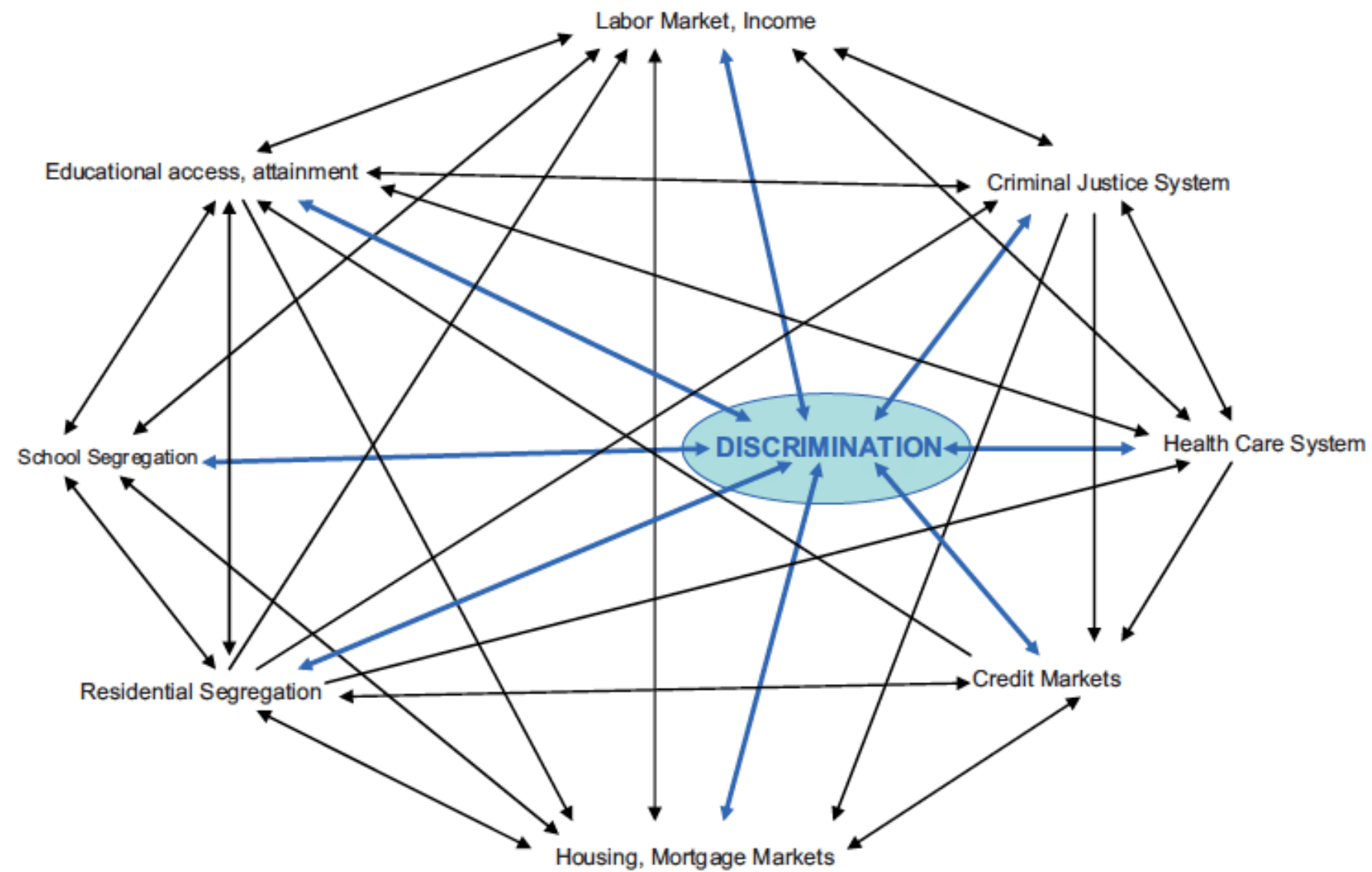
# THE FACTS



Social determinants of health



# THE FACTS



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Social determinants of health as a function of racism + racial discrimination

(Reskin, 2012)



## Exposure & Indirect Impact

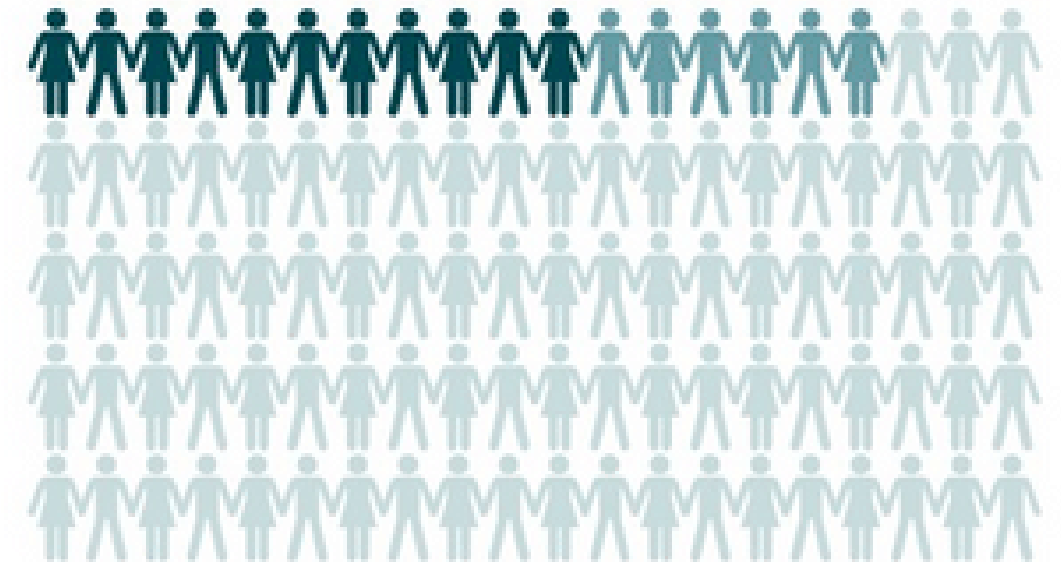
**Black Detroiters with friends or family members who died from COVID-19**

|                   |     |
|-------------------|-----|
| <b>Yes</b>        | 42% |
| <b>Don't know</b> | 7%  |
| <b>No</b>         | 51% |



**White Detroiters with friends or family members who died from COVID-19**

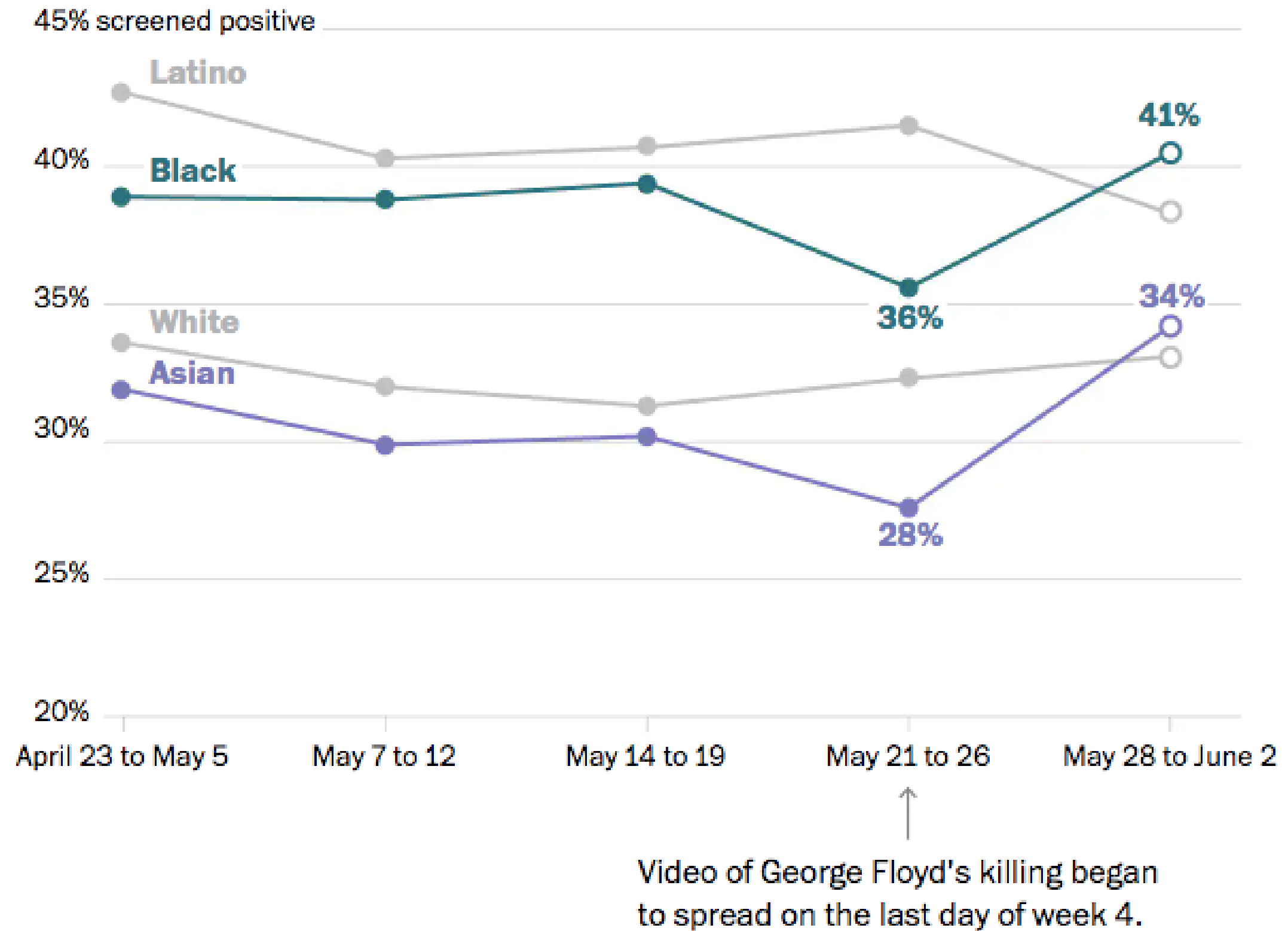
|                   |     |
|-------------------|-----|
| <b>Yes</b>        | 11% |
| <b>Don't know</b> | 6%  |
| <b>No</b>         | 83% |



# THE FIGURES

## Anxiety and depression spike for black and Asian Americans after the police killing of George Floyd

Percent screening positive for anxiety and/or depression



# THE FOUNDATION

There has never been any period in American history where the health of blacks was equal to that of whites. Disparity is built into the **system.**

Dr. Evelynn Hammonds



# THE FIX



**Change the system**

**Utilize community strengths**

**Partner with the community**



# COMMUNITY PARTNERSHIP



Complement the work already being undertaken by your local community or greater population



the CHILDREN'S Center







# THE FUTURE

1

Restructure mental health provision, including unlimited sessions and free telehealth offerings

2

Be mindful of communication, language, and purpose of your programming

3

Consider unique stressors *and* solutions that impact BIPOC and act accordingly

# CONTACT INFORMATION

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