COVID-19 IN COLOR: MENTAL HEALTH + COMMUNITY RESPONSES

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THE FACTS

SOCIAL DETERMINANTS OF HEALTH

Healthcare system
Economic stability
Community and social context
Neighborhood and physical environment
Food
Education

Social determinants of health
Social determinants of health as a function of racism + racial discrimination

(Reskin, 2012)
Exposure & Indirect Impact

Black Detroiters with friends or family members who died from COVID-19

Yes: 42%
Don’t know: 7%
No: 51%

White Detroiters with friends or family members who died from COVID-19

Yes: 11%
Don’t know: 6%
No: 83%
Anxiety and depression spike for black and Asian Americans after the police killing of George Floyd

Percent screening positive for anxiety and/or depression

- Latino: 45%
- Black: 41%
- White: 36%
- Asian: 34%

Video of George Floyd's killing began to spread on the last day of week 4.
There has never been any period in American history where the health of blacks was equal to that of whites. Disparity is built into the system.

Dr. Evelynn Hammonds
Change the system

Utilize community strengths

Partner with the community
COMMUNITY PARTNERSHIP

Complement the work already being undertaken by your local community or greater population.
Restructure mental health provision, including unlimited sessions and free telehealth offerings.

Be mindful of communication, language, and purpose of your programming.

Consider unique stressors and solutions that impact BIPOC and act accordingly.
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