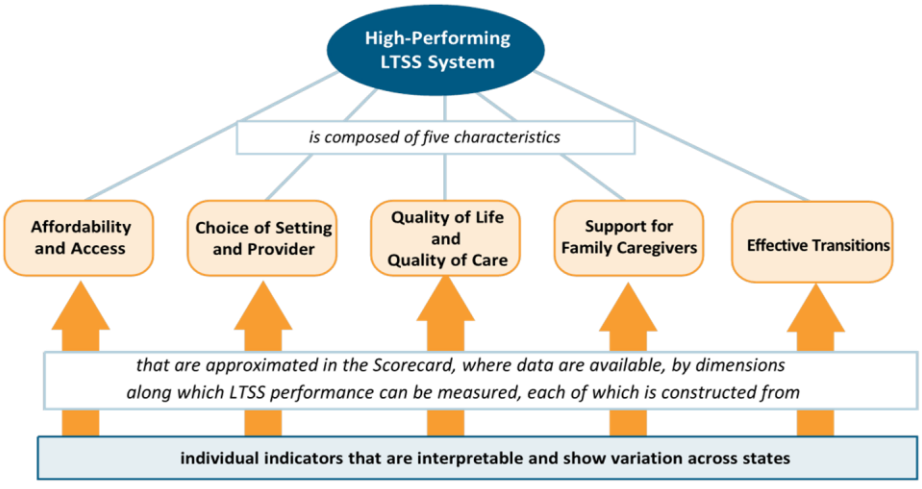
AARP Public Policy Institute

Raising Expectations: Delivering Long-Term Services and Supports

Jean Accius, PhD
Director, Health & LTSS Policy
October 9th, 2015

AARP Real Possibilities

Framework for Assessing LTSS System Performance



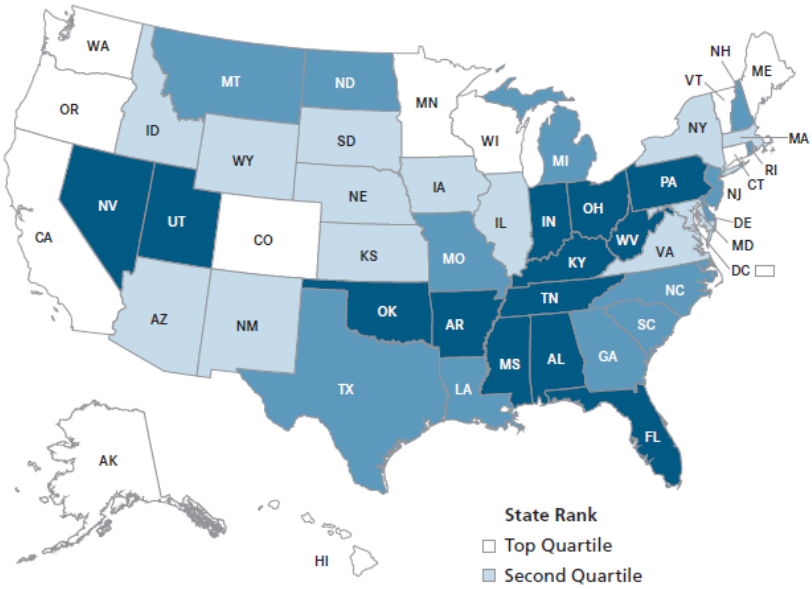
Source: State Long-Term Services and Supports Scorecard, 2014

10/9/2015

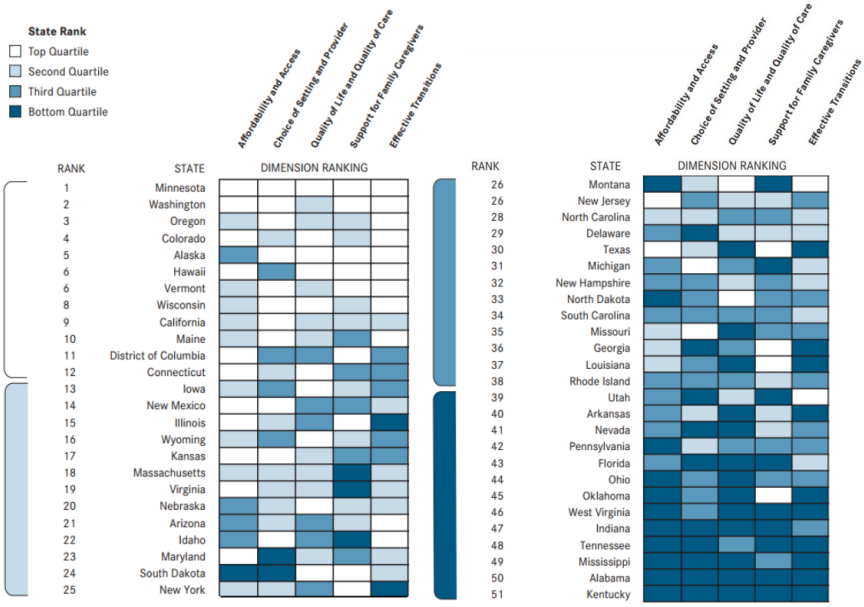
In a High Performing System…

- **Affordability and Access**
  - …consumers are able to easily find and afford the services they need and there is a safety net for those who cannot afford services
- **Choice of Setting and Provider**
  - …a person- and family-centered approach to LTSS places high value on allowing consumers to exercise choice and control over where they receive services and who provides them
- **Quality of Life and Quality of Care**
  - …services maximize positive outcomes and consumers are treated with respect and personal preferences are honored when possible
- **Support for Family Caregivers**
  - …..the needs of family caregivers are assessed and addressed so that they can continue in their caregiving role without being overburdened
- **Effective Transitions**
  - …disruptive transitions between care settings are minimized and people are successfully transitioned from nursing homes back to the community

State Ranking on Overall LTSS System Performance



State Ranking on Overall LTSS System Performance

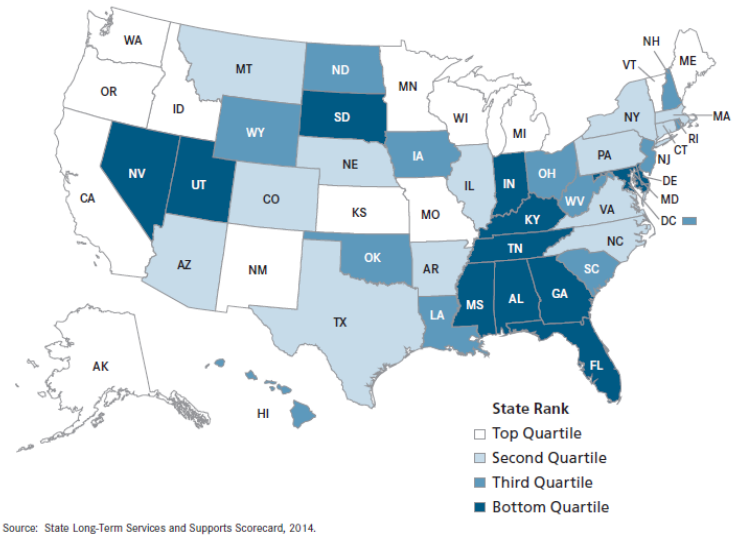


10/9/2015

CHOICE

Exhibit 10

State Ranking on Choice of Setting and Provider Dimension



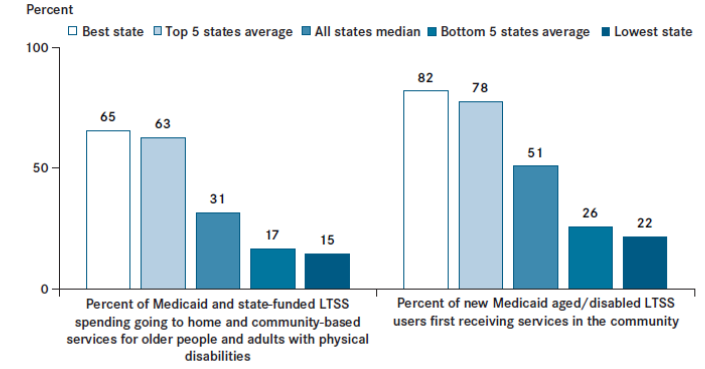
Source: State Long-Term Services and Supports Scorecard, 2014.

10/9/2015

CHOICE

Exhibit 11

State Variation: Measures of Medicaid LTSS Balance



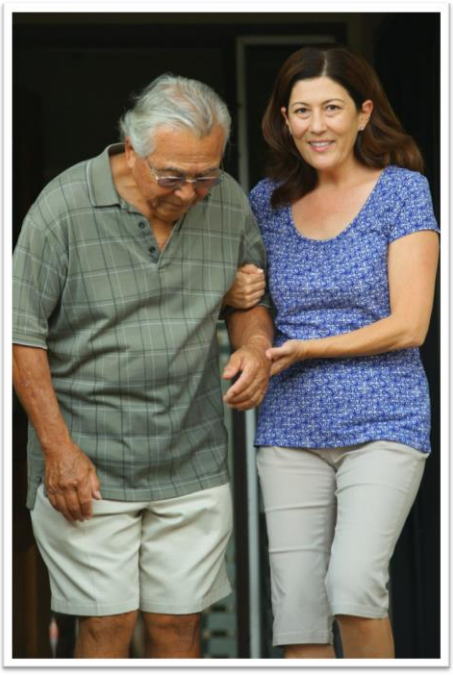
Top 5 states			
1	New Mexico	1	Alaska
2	Minnesota	2	Minnesota
3	Washington	3	New Mexico
4	Alaska	4	District of Columbia
5	Oregon	5	Idaho

Data: LTSS Spending - AARP Public Policy Institute analysis of Truven Health Analytics, Medicaid Expenditures for Long Term Services and Supports in 2011 (Revised October 2013); AARP Public Policy Institute Survey (2012); New Medicaid Users - Mathematica Policy Research analysis of 2008/2009 Medicaid Analytical Extract (MAX).
Source: State Long-Term Services and Supports Scorecard, 2014.

10/9/2015

Major Findings

1. Some states have made progress on important indicators, but there are persistent differences in state performance
2. Even the top-performing states have room to improve
3. The gradual pace of improvement must accelerate to be ready for the aging of baby boomers



10/9/2015

Where did states improve?

29 states improved their legal and system supports for family caregivers

28 states improved the functions of their Aging and Disability Resource Centers

24 states increased the proportion of LTSS spending going to home and community-based services

Overall system performance is driven by state Medicaid performance

The strongest indicators of high performance are:

- The reach of states' Medicaid LTSS programs to low- and moderate-income people with disabilities
- The state's Medicaid "balancing" – shifting funding away from nursing homes and toward HCBS

Jean Accius
jaccius@aarp.org

@JeanAccius or
@AARPpolicy

202-434-3209