

# Adolescent Behavioral Health: Key Concepts for Service Delivery in an Integrated Healthcare Setting



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# Integrated health care

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- “...in essence integrated health care is the **systematic coordination of physical and behavioral health care**. The idea is that physical and behavioral health problems often occur at the same time. Integrating services to treat both will yield the best results and be the most acceptable and effective approach for those being served.” Hogg Foundation for Mental Health, *Connecting Body & Mind: A Resource Guide to Integrated Health Care in Texas and the U.S.*, [www.hogg.utexas.edu](http://www.hogg.utexas.edu)



# Integrated Care Models

- Co-located Care
- Collaborative Care
- Interdisciplinary Care
- Multidisciplinary Care
- Transdisciplinary Care



# Adolescents and Integrated Care

- More likely to receive primary care
- Prevalence of comorbidity
- Early onset of behavioral health issues



# Use of Electronic Health Records in Integrated Care Settings

- Patient and provider portals
- InstituteLink
- Regional and Information Exchanges
- Connected records
- Registries and quantifiable outcomes



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## What partner activities affect you?

### ○ InstituteLink

- InBasket Messaging – Our partners can send inbasket messages to individuals or pools
- Scheduling - Our partners can directly schedule appointments using InstituteLink that will then show in Hyperspace
- Document Upload - Our partners will be able to upload documents such as consult reports requiring they be appropriately filed into the patient's medical record

## Zztest, Zoe

Age: 59 year old DOB: 2/14/1952  
Sex: F MRN: 1078018Allergies: Penicillins  
PCP: ZZTEST, MDINS: SLIDING FEE MyChart: Inactive  
Alert: HM Overdue or Due Soon

## Clinical Review

## Patient SnapShot

## SnapShot

[Chart Review](#)  
[Results Review](#)  
[Flowsheets](#)  
[Allergies](#)  
[Problem List](#)  
[Medications](#)  
[Histories](#)  
[Growth Charts](#)  
[Upload Document](#)

## Patient Profile

[Demographics](#)

## Referrals

[Referral by Member](#)  
[Referral by Provider](#)

## Scheduling

[Quick Appt](#)  
[Upcoming](#)  
[Appointments](#)

Logged in as:

LINK, DANREF

## Demographics

Zoe Zztest  
59 year old female

Works at

14 east 18th street  
new york NY 10023  
United States  
212-856-7845 (H)  
212-505-1759 (W)Comm Pref:  
None

## Problem List

Chronic

[ACUTE URI NOS](#)  
[HUMAN IMMUNODEFICIENCY VIRUS DIS](#)  
[DIABETES UNCOMPL ADULT-TYPE II](#)  
[COUNSELING ON HIV](#)  
[BENIGN HYPERTENSION](#)  
[DYSTHYMIC DISORDER](#)  
[ROUTINE MEDICAL EXAM-ADULT](#)  
[PURE HYPERCHOLESTEROLEM](#)  
[LOW BACK PAIN \(LUMBAGO\)](#)

## Health Maintenance

[Late](#) [Due](#) [Soon](#) [Hold](#)

## Allergies

PENICILLINS

Last Reviewed by Zztest, Md on 5/9/2004 at

## Medications

[NITROGLYCERIN 0.4 MG SL SUBL](#)  
[HYDROCHLOROTHIAZIDE 25 MG OR TABS](#)  
[ASPIRIN 81 MG OR TBEC](#)  
[LIPITOR 10 MG OR TABS](#)

## Immunizations/Injections

Hepatitis B	5/9/2004
Influenza	10/19/2010
MMR	10/19/2007
Pneumococcal polysaccharide vaccine	1/1/2004
Tdap	12/19/2000

## Significant History/Details

Smoking: Former Smoker (Quit Date:06/24/2002), .5 ppd, 15 pack-years

Smokeless Tobacco: Unknown

Alcohol: 0.0 oz alcohol/week

11 open orders





# Adolescents' Access to Care Urban vs. Rural Settings

- Ex. Eating Disorders
- New York City vs. Ulster County



# In Closing

- Integrated care bridges the gap
- Changes are needed to facilitate integrated care systems
- Current billing standards