## **Embracing NH as the Place of Care and Site of Death for Older Frail, Americans**

Joan M Teno, M.D., M.S.
Professor of Community
Health and Medicine
Associate Medical Director,
Home and Hospice Care of RI



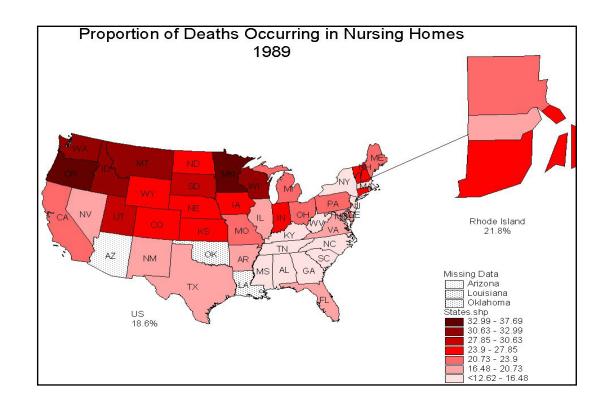
QUALITY CARE AND COMFORT AT THE END OF LIFE: Changes Needed?

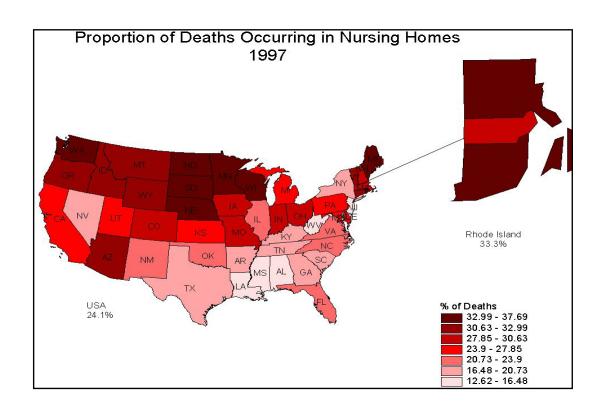
June 8, 2007

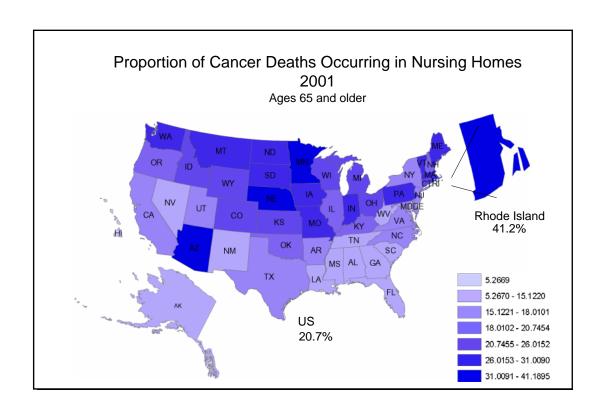
#### Four Key Points....

- Increasingly, NH are key site of end of life care in the US. They are home for many Americans in their last years of life
- Hospice provides important services that enhance the quality of life. State and Federal policies impact hospice access.
- Lost in transition: Inefficiency in the health care system are associated with potentially burdensome care for the dying.
- As we innovate in our health care system, it is important that regulatory mechanisms are in place to protect older, vulnerable persons.









#### **Research on Benefits of Hospice Care**

**Studies Documenting Superior Outcomes** 

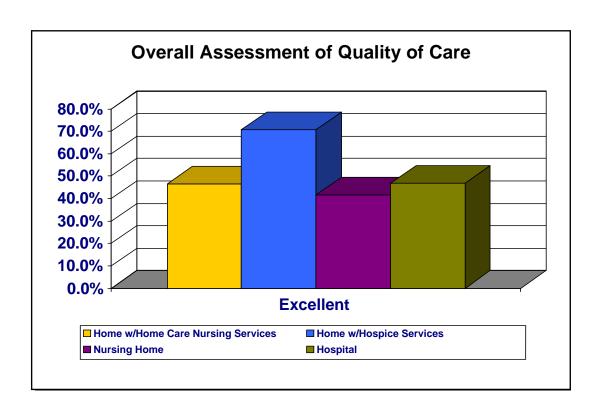
- □ Greater satisfaction
- □ Fewer Hospitalizations
- △Hospice and Palliative Medicine is scientific body of knowledge, skills, and expertise that enhance the quality of life of the dying person and their family.

#### Quality of care of the dying



- # Important opportunities to improve the dying experience in nursing homes.
- \*\*E ...we felt like her passing was a gentle passing, and that's what I wish for anybody, any of our loved ones was that it was a gentle passing so that, we did feel very supportive, very supported and... The people we had were great. I just think that people were wired together to be hospice people when they were born...

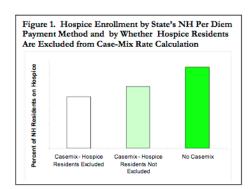
─Niece of a 91-year-old woman who refused treatment for a possible malignancy



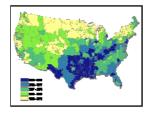
#### State and Federal Policy Impact on access to Hospice

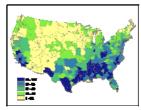
- ★ Casemix important impact on hospice enrollment
- **#**Source

  - Center for Gerontology and Health Care Research



# Lost in Transition: Inefficiencies that lead to potentially unwanted care and higher health care costs





- \*\*On average, a NH resident experiences 3.3 transitions in the last six months of life. In some regions, this is as high as 5.1 transitions per person.
- ## Persons with advance dementia residing in regions with the highest quintile of transitions are 2.5 times more likely to have a feeding tube inserted.

### **Importance of Regulation**



**\*\*As we innovate in our health care system, it is important that regulatory mechanisms are in place to protect older, vulnerable persons.**