



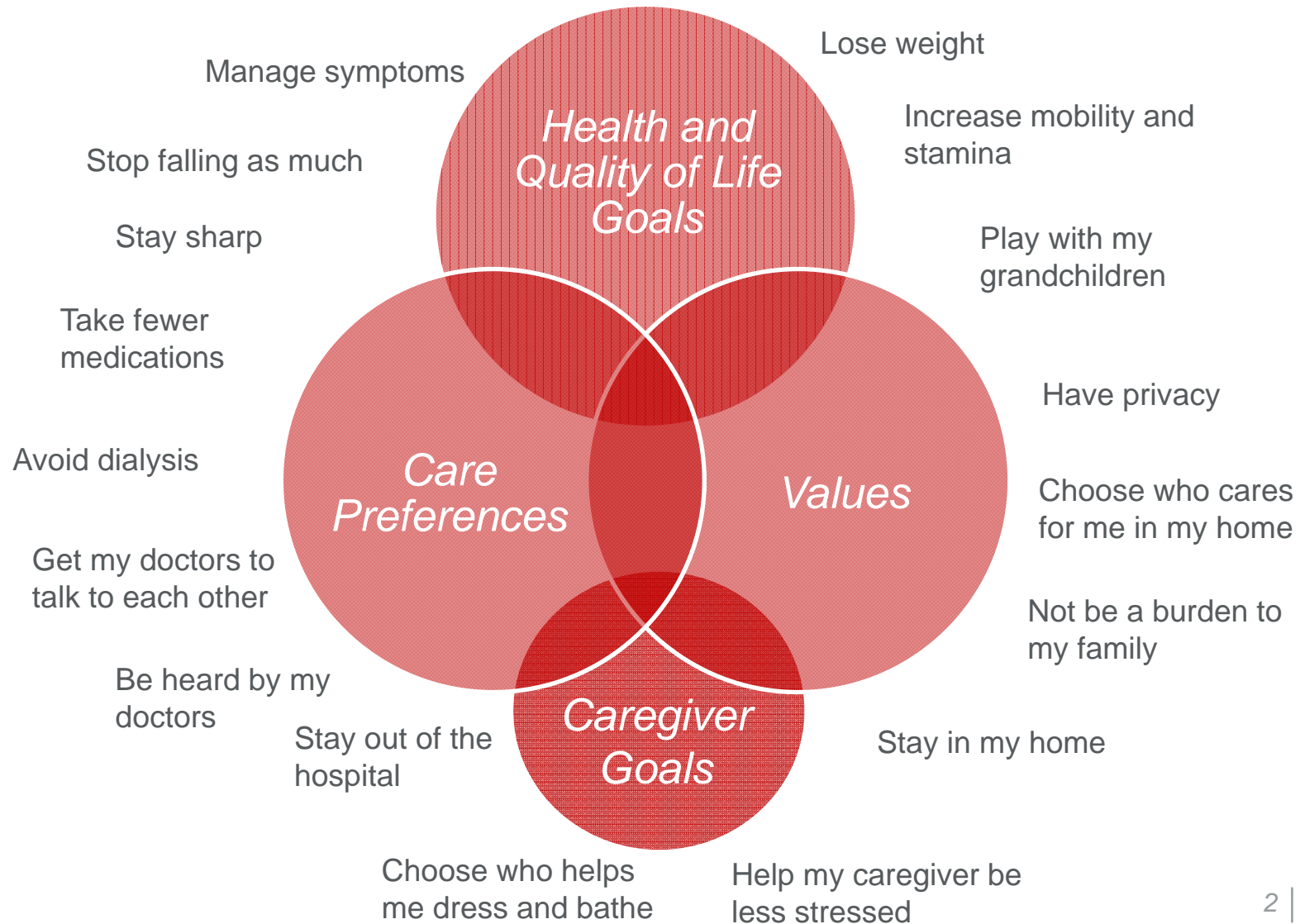
Developing Person-Driven Outcomes

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This work is supported by a grant from The SCAN Foundation and The John A. Hartford Foundation

What Matters Most?

Findings from Focus Groups with Disabled Older Adults



Attribute #1

Each individual's range of need and goals, both medical and non-medical, as well as for family/caregivers are identified and re-evaluated on an ongoing basis to drive care plans

Attribute #2

Each individual's needs are addressed in a compassionate, meaningful, and person-focused way and incorporated into a care plan that is tailored, safe and timely.

Person-Driven Outcomes

Individualized outcomes identified by the patient (or caregiver) as important that can be used for care planning and quality measurement

Step 1: Eliciting what is important

What is important TO somebody instead of what is important FOR somebody

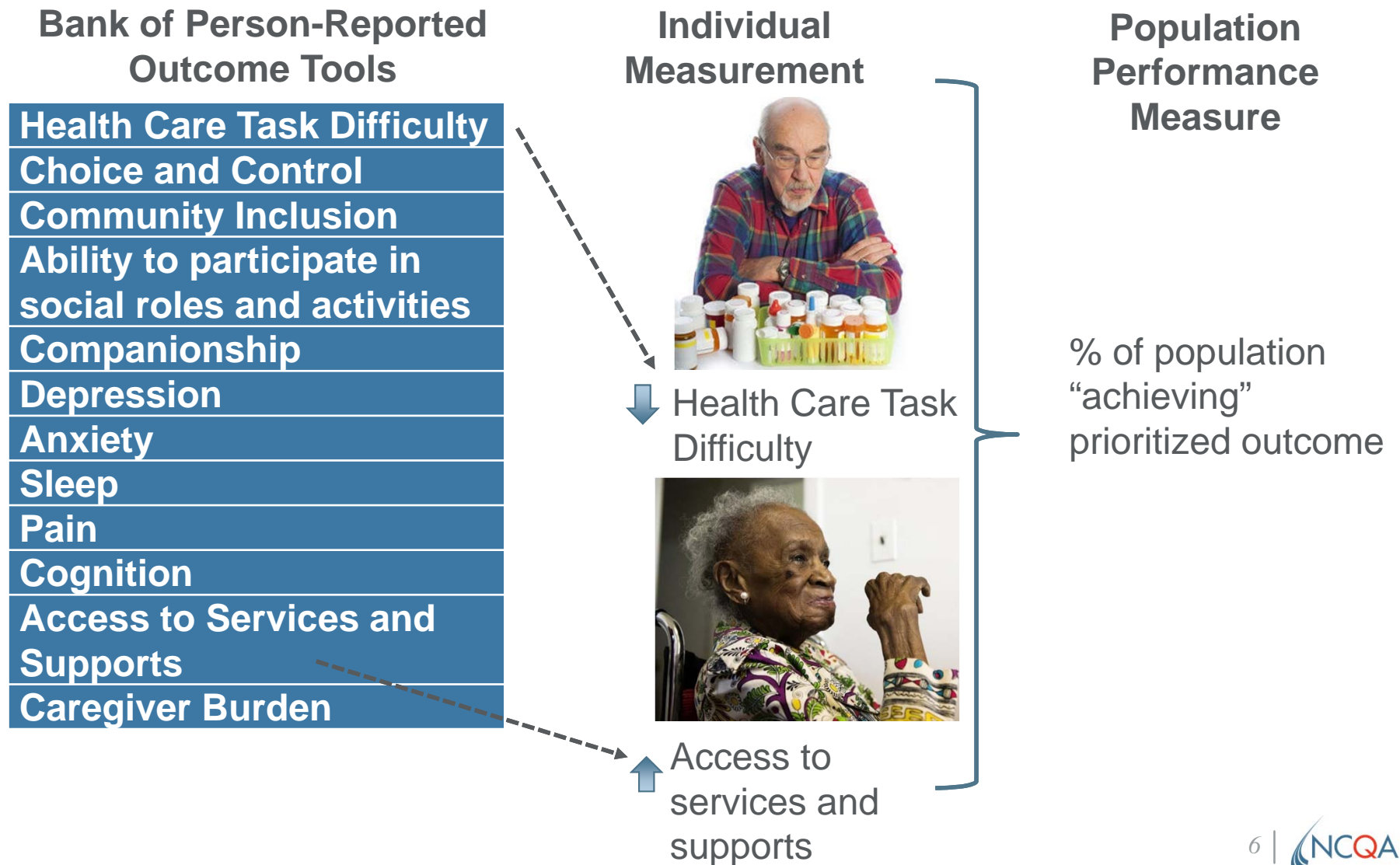
- The more significant the disability the more likely that control is vested in others
- People tend to express different goals depending on who they're talking to
- Developed goal inventory to help start the discussion

Health Care In the next 6 months, how important is it that I...	Not important at all	Somewhat Important	Very Important	Extremely Important	Does Not Apply
1. Don't get burdensome medical care					
2. Stay out of the hospital					
3. Get the care I need					
4. Get medical equipment (e.g., wheelchair, oxygen)					
Physical Activity In the next 6 months, how important is it that I...	Not important at all	Somewhat Important	Very Important	Extremely Important	Does Not Apply
5. Am physically active					
6. Care for myself (e.g., toileting, dressing, bathing):					
7. Do household and daily activities (e.g., cooking, shopping, finances)					
8. Do recreational activities (e.g., hobbies, reading, playing games)					
Choice and Control In the next 6 months, how important is it that I...	Not important at all	Somewhat Important	Very Important	Extremely Important	Does Not Apply
9. Make choices about how I live (e.g., what I eat, what I wear, when I get up)					
10. Choose when to have privacy, when to be alone, or have time without family or caregivers around					
11. Choose who helps me (e.g., choosing someone who speaks my language)					
Community In the next 6 months, how important is it that I...	Not important at all	Somewhat Important	Very Important	Extremely Important	Does Not Apply
12. Drive or use other means of transportation (e.g., bus, rail, getting a ride)					

Option 1: Goal Attainment Scaling

	-2 Much less than expected	-1 Current State (Less than expected)	0 Expected level	+1 Somewhat better than expected	+2 Much better than expected
GOAL: To be strong and healthy enough to fly to California to visit family (daughter and her fiancé and son’s family) by winter 2016	To not be able to resume driving and not be able to fly to California	To have complications from surgery and not drive for at least 3 months and not make it to California for the holidays	To resume driving in 6 weeks and fly to California to visit family for the holidays	To resume driving in 4 weeks and fly to California in time for Thanksgiving	To resume driving in 4 weeks and return with daughter to California in October

Option 2: Prioritized Person Reported Outcome Measures



What types of person-driven outcomes are identified?



Calculating quality from person-driven outcomes

Results from seven pilot sites testing person-driven outcomes (N=186 patients)

	Goal Attainment Scaling	PROM	Total
Follow-up on goal	90%	74%	87%
Goal Met	62%	55%	60%

“You know, you can tell somebody what to do, but I think you convey better things when you give people options to do, find out what they like.” – 69 year old female patient



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I have found that in doing some of the things that we put down, there's strength in me.

– 64 YEAR OLD MALE

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All of a sudden, they were totally engaged in their healthcare. And that was new for a lot of them. So I thought that was really cool.

**– NURSE CASE
MANAGER**