


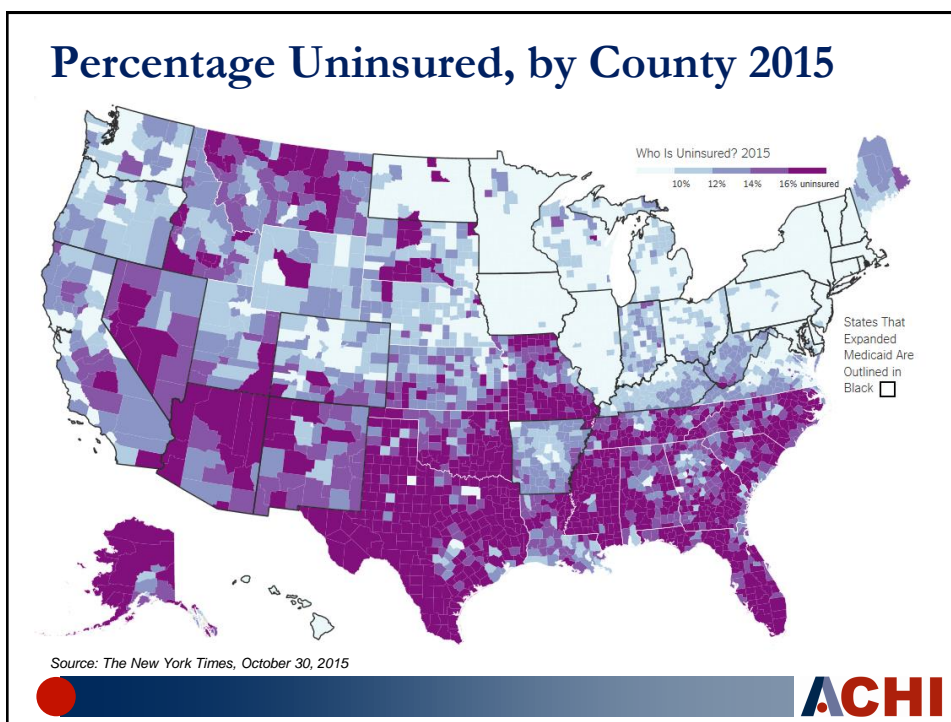
# Deaths of Despair: A State-Specific Perspective

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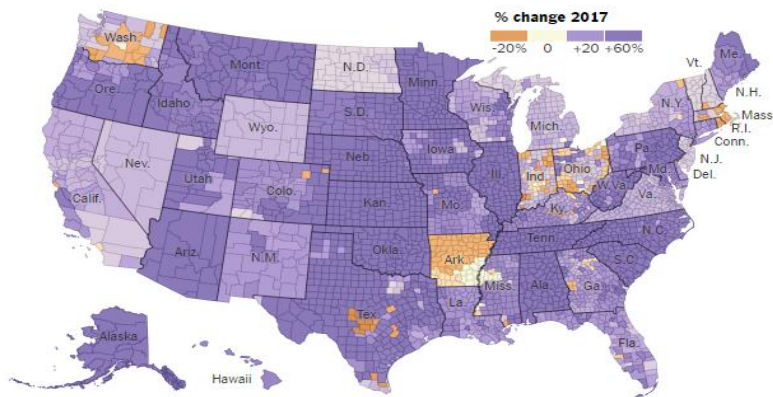
ARKANSAS CENTER FOR HEALTH IMPROVEMENT



## Obamacare Rates Rising

But there's a lot of variation. In some Arizona counties, prices for the most affordable midlevel plan are going up by 191 percent. In parts of Texas, premiums are going down by 30 percent.

**2017 premium increase for lowest-cost silver plan**



Note: There are two separate markets in Los Angeles County. We have shown rates for the market where more customers are enrolled.

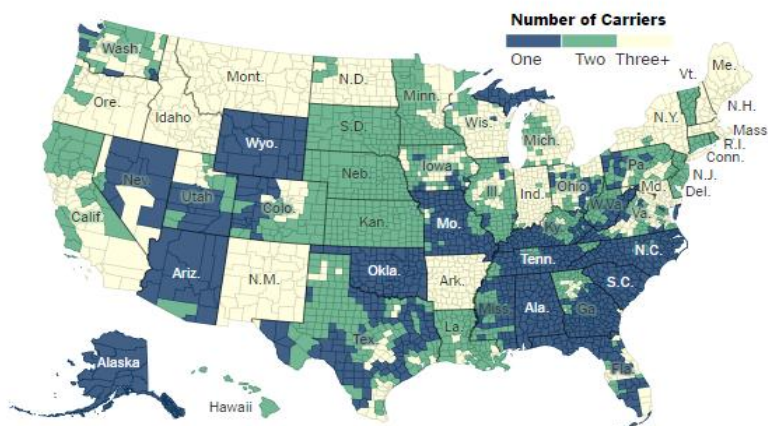
Source: McKinsey Center for U.S. Health System Reform



## Competition Has Fallen in the U.S.

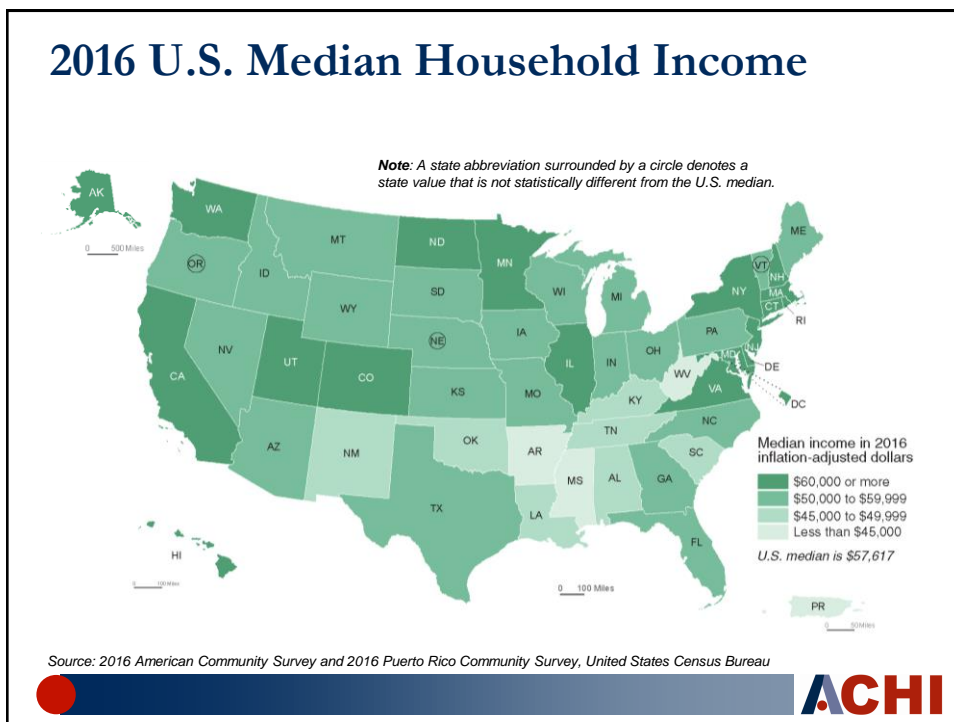
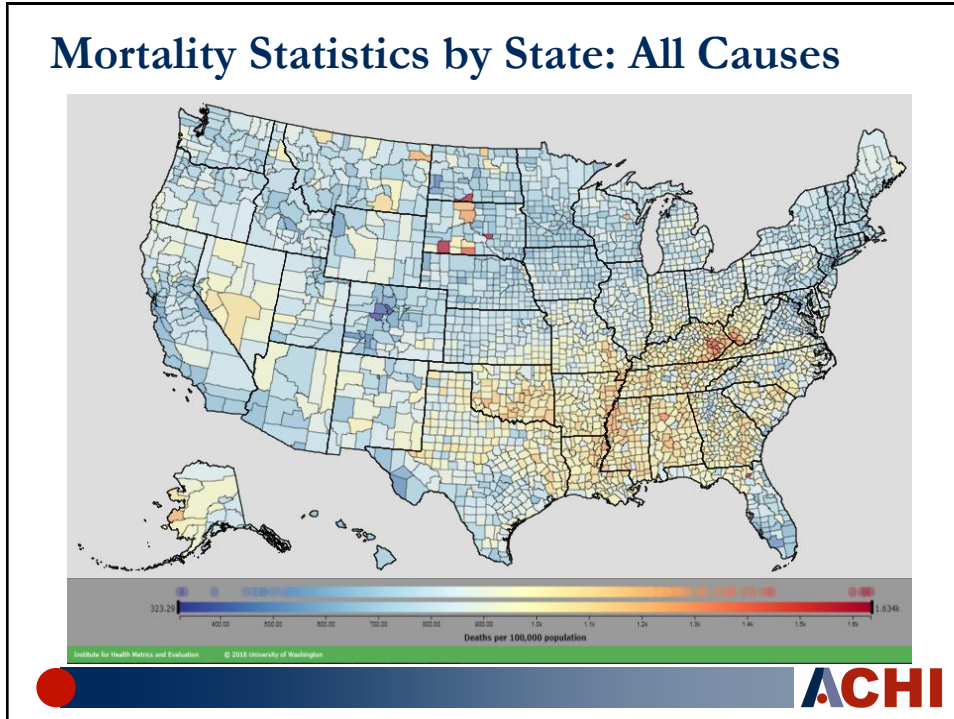
About 18 percent of people eligible for the Obamacare markets will live in counties with only one insurance carrier offering health plans next year.

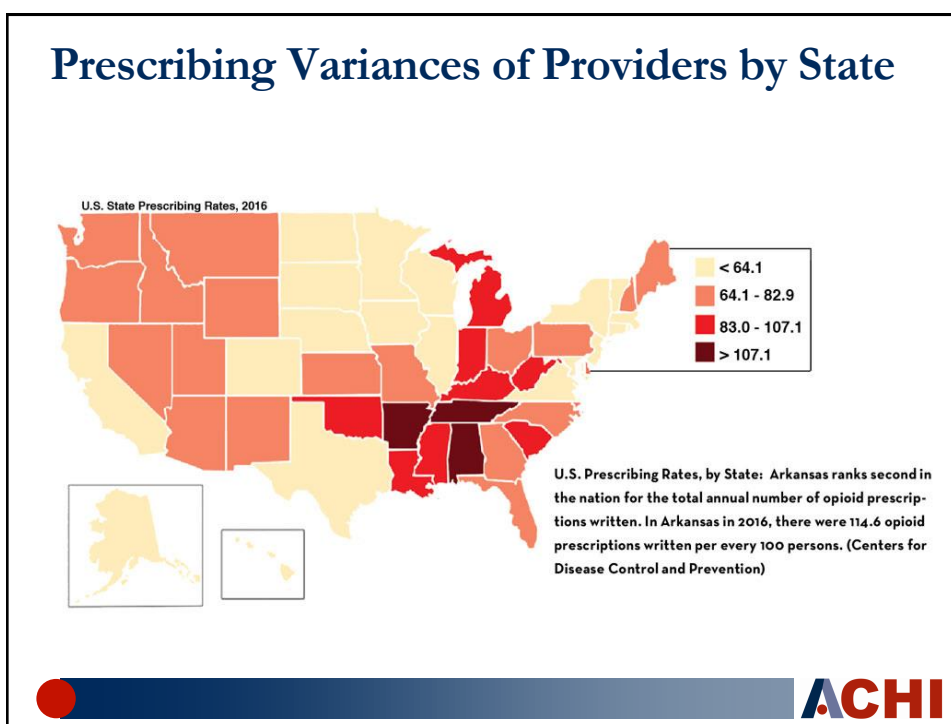
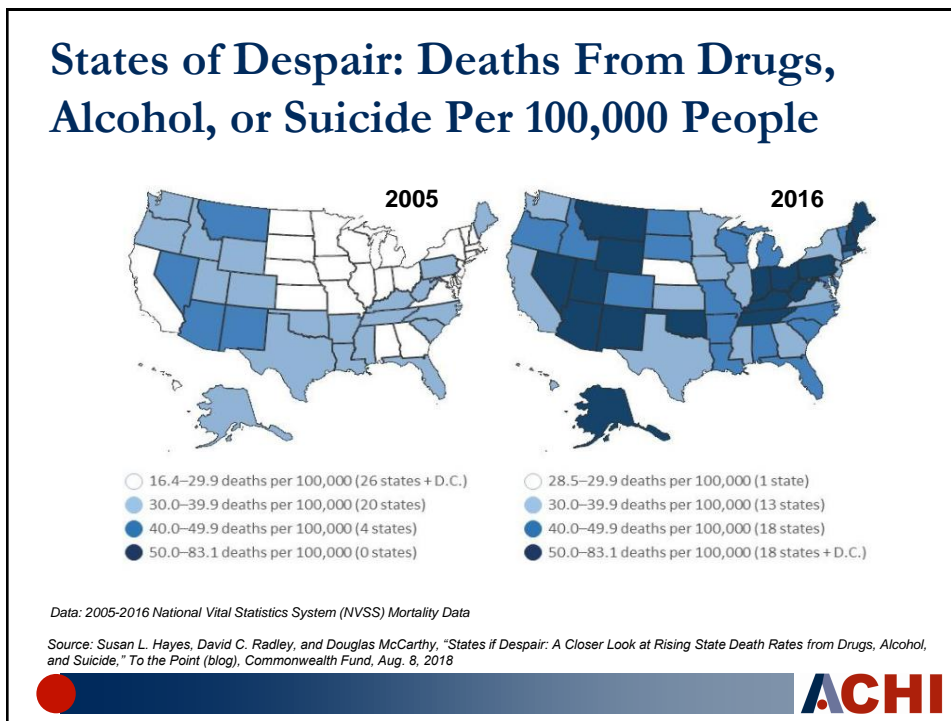
**Number of insurance carriers in the Obamacare markets**



Source: McKinsey Center for U.S. Health System Reform





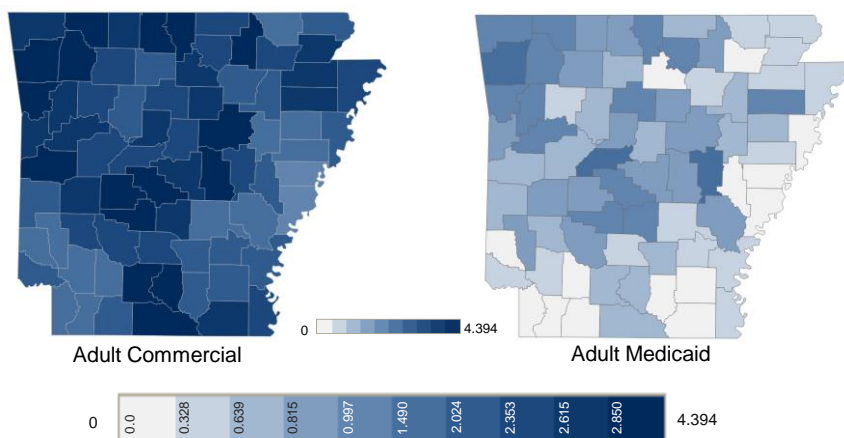


## State-Led or State-Supported Interventions with Some Success

- Monitoring
  - Prescription Drug Monitoring Programs
- Drug take-back programs
- Public outreach and education
- Payer engagement strategies



## Restricting Access Through Payer Engagement Efforts



Percent of beneficiaries who receive high-dose opioids (adults 19-64, 2016)



## Newer, Promising Interventions Underway but Not Fully Deployed

- Physician engagement and education
- Employee assistance programs
- Crisis stabilization units



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## Employee Assistance Programs

**Arkansas Employee Assistance Program**

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### EMPLOYEE SERVICES

🏠 [Arkansas Employee Assistance Program](#) > [Services](#) > [Employee Services](#)

Everyone has problems at one time or another. Problems, like people, come in all sizes, types, intensities, and can come at any time. Problems sometimes start small, but can grow and spread to other areas of a person's life, threatening a marriage, a career or both. The Employee Assistance Program (EAP) consultation service provides assessment, short-term counseling, information and referral (if indicated) for employees (including their spouses and dependents) who





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## Crisis Stabilization Units

08.14.2018

### Governor Hutchinson Joins National Initiative to Highlight Establishment of Mental Health Crisis Stabilization Units

*Governor Visits Arkansas's First Crisis Stabilization Unit to Highlight Impact of State's Recent Efforts to Improve Public Safety*



**FORT SMITH** — When Governor Asa Hutchinson signed Justice Reinvestment legislation last year, he established the nation's first statewide network of specialized treatment facilities so that people with mental illnesses can be diverted from jail. To understand what it is like to be treated at these new facilities, the Governor recently sat down and spoke with a man who has experienced one firsthand.



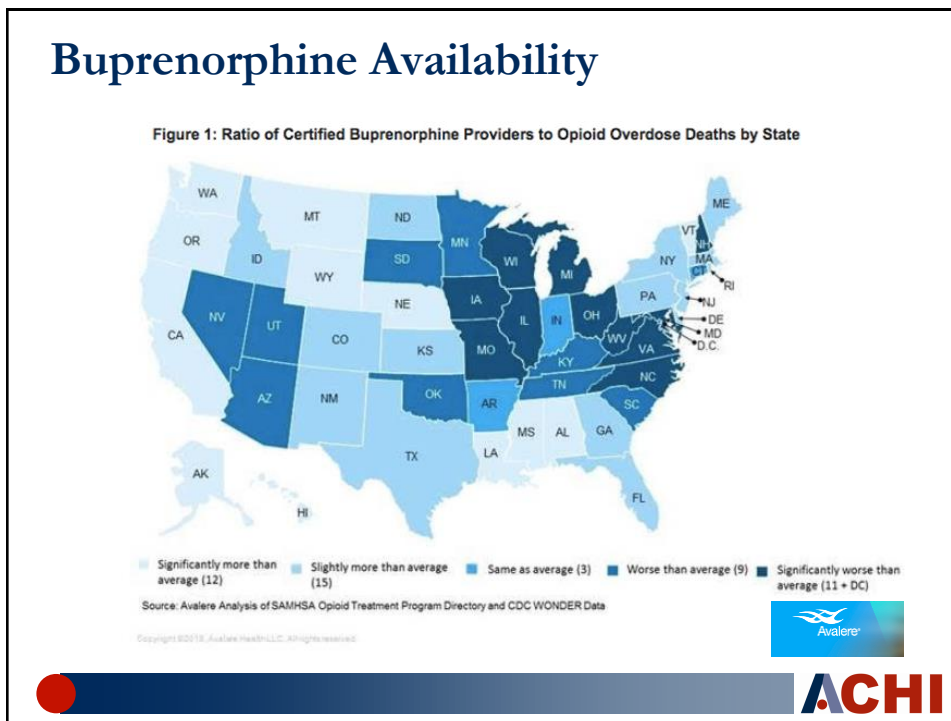
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## Current Gaps, Policy Interventions Still Needed


- Coordination within states across payers
- Coordination between states with prescription drug monitoring programs
- Medicaid coverage challenges
- Buprenorphine availability: Physician "X" waiver administrative barriers



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