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Aging in America: Is Home-Based Primary Care Too Good To Be True?

Thomas Cornwell, MD

Alliance for Health Policy: Congressional Briefing on Aging in America
12/7/18

Enabling Aging in Place

Bringing the Story to Life: About Elsa



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Hi-Touch Care with Hi-Tech Capability

Smart Phone



Portable Lab



X-Rays



Ultrasound



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Value of HBPC: Enabling Aging in Place

VA Home-Based Primary Care

	Before HBPC	During HBPC	Change
All home care	\$2,488	\$13,588	\$11,100 (+ 460%)
Outpatient			
Nursing home			
Hospital			
Total cost VA care			

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Cost of care before vs. during HBPC (2002 annual cost/patient)

Value of HBPC: Enabling Aging in Place

VA Home-Based Primary Care

11,334 \$103,048,728	Before HBPC	During HBPC	Change
All home care	\$2,488	\$13,588	\$11,100 (+ 460%)
Outpatient	\$6,490	\$7,140	\$650 (+ 10%)
Nursing home	\$10,382	\$1,382	(\$9,000) (- 87%)
Hospital	\$18,868	\$7,026	(\$11,842) (- 63%)
Total cost VA care	\$38,228	\$29,136*	(\$9,092) (- 24%) P < 0.0001

*includes HBPC cost

¹ Better Access, Quality and Cost for Clinically Complex Veterans with Home-Based Primary Care; Edes, et al JAGS 10/14



Aligning Medicare Payment to Enable Aging in America at Home

- **Independence at Home Medicare Demonstration**
 - ↑ Quality, ↑ Patient Satisfaction, ↓ Hospital/ED
 - ↓ Cost: \$33M in first 2 years; \$1,800 savings/beneficiary
- **Proposed Complex Chronic Care Track of Comprehensive Primary Care Plus (CPC+)**
 - Patients: Severe chronic illness, disability, high-cost
 - Payment: Multiple value-based options → PBPM with flat fee/visit; Shared savings; Risk/Capitation
 - Waivers: Location of care; Telehealth; NP role
 - Quality / Outcomes: Shift from Process to Results for the whole person and costs

