

# Health Policy Roundup: State Policy Analysis and Priorities

January 28, 2022

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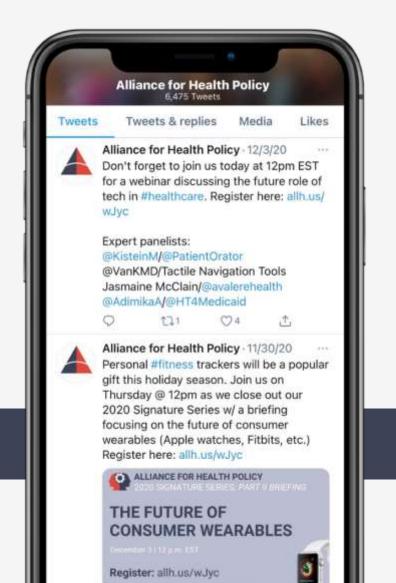


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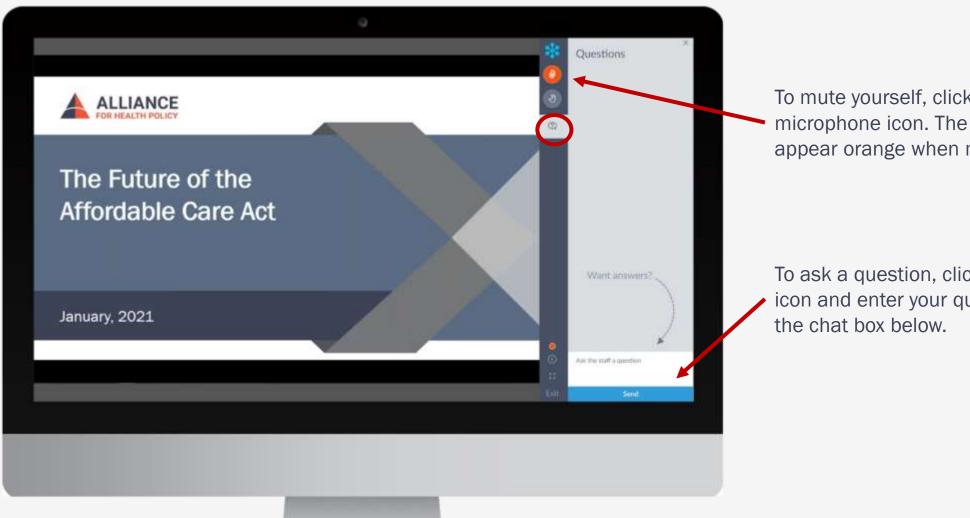
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To mute yourself, click the microphone icon. The icon will appear orange when muted.

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## Mark Miller, Ph.D.

Executive Vice President of Health Care Arnold Ventures



## **Panelists**



Maureen Hensley-Quinn, MPA
Senior Program Director of Coverage,
Cost and Value
National Academy for State Health Policy



@NASHPhealth



Suzanne Delbanco, Ph.D., MPH
Executive Director
Catalyst for Payment Reform



@CPR4healthcare | @SuzanneDelbanco



**Colleen Becker, MPP**Senior Policy Specialist
National Conference of State Legislatures



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**Stephanie Anthony, J.D., MPH**Senior Advisor
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Moderator

Mark E. Miller, Ph.D.

Executive Vice President of Health Care
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## Maureen Hensley-Quinn, MPA

Senior Program Director of Coverage, Cost and Value National Academy for State Health Policy



# Health Policy Roundup: State Policy Analysis and Priorities Related to Cost

January 28, 2022



### **Snapshot of State Action on Rx Cost**

Since 2017, legislation to address prescription drug costs has been introduced in all 50 states.

Since 2017, 49 states have enacted over 200 laws to address prescription drug costs.

Over past 2 years, there has been a focus on bolder policy actions to reduce prices

Drug Pricing Laws 2017-2021							
Year	2017	2018	2019	2020	2021*	Total	In # of states
Number of States Enacting Laws	13	28	37	17	22	49	
Total Laws Enacted	17	45	62	41	46	211	
Pharmacy Benefit Manager	7	32	32	20	20	111	46
Transparency	3	4	7	4	7	25	18
Wholesale Importation from Canada	0	1	4	2	1	8	6
Affordability Review	1	0	3	0	2	6	6
Volume Purchasing	0	0	2	0	0	2	2
Coupons/Cost Sharing	1	0	4	12	9	26	18
Study	0	1	5	1	2	9	7
Other	5	7	5	2	5	24	18
*As of October 1	4, 2021						





## Snapshot of State Strategies on Health Care Costs

Policy Approach	Tools
1. Gather data	<ul> <li>All-payer claims databases</li> <li>Enhanced hospital financial reporting and hospital cost tool</li> </ul>
2. Active state purchasing	Reference-based pricing for state employee health plans
3. Mitigate consolidation and abuses of market power	<ul> <li>Pre-transaction review and approval proposed transactions</li> <li>Banning anticompetitive health insurance contract terms</li> </ul>
4. Oversee hospital cost growth	Health care cost growth benchmarks
5. Limit hospital rates	<ul> <li>Health insurance rate review – affordability standards</li> <li>Limit outpatient facility fees</li> <li>Public option</li> <li>All-payer model, global hospital budgets</li> </ul>



## Thank you!

NASHP's Rx Drug Pricing Resources: <a href="https://www.nashp.org/policy/drug-pricing-center/">https://www.nashp.org/policy/drug-pricing-center/</a>

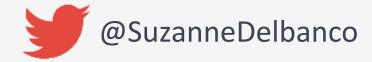
NASHP's Health System Costs Resources: <a href="https://www.nashp.org/policy/health-system-costs/">https://www.nashp.org/policy/health-system-costs/</a>

Centers supported by Arnold Ventures

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# Suzanne Delbanco, Ph.D., MPH Executive Director Catalyst for Payment Reform





Suzanne F. Delbanco, Ph.D. sdelbanco@catalyze.org
Executive Director
January 28, 2022

#### **About CPR**



An independent nonprofit corporation working to catalyze employers, public purchasers and others to implement strategies that produce higher-value health care and improve the functioning of the health care marketplace.

32BJ Health Fund
Aircraft Gear
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System Self-Insured Schools of California South Carolina Health & Human Services (Medicaid) State of Tennessee TennCare (Medicaid) UNITE HERE **HEALTH**  Walmart Inc. Washington State Health Care Authority Willis Towers Watson

Healthcare LLC •

Group Insurance •

Commission, MA

Hilmar Cheese

Company, Inc.

General Motors

#### **CPR's Goals & Tactics**





#### **EDUCATION**

Resources on a variety of topics for purchasers including online courses and webinars.



#### **TOOLS & SUPPORT**

Resources to help purchasers design, implement, and evaluate purchasing strategies.



#### COORDINATION

Opportunities for purchasers to push collectively on the system to deliver better value.



## RESEARCH & ANALYSIS

Thought leadership to contribute to the national dialogue on behalf of purchasers.

## **Approaches to Cost Containment** by Purchasers

These approaches have been tried in the commercial market by private employers and state employee and retiree agencies. Some of them have also been implemented by Medicaid agencies.



Photo credit JP Valery

- Benefit design: HDHPs, reference pricing
- Provider network design: narrow, tiered, high performance networks, center of excellence programs for specific services and procedures
- Direct contracting with health care systems
- Provider payment reform: Episode-based payment, shared savings, partial capitation to primary care providers, Medicare-based reference pricing 16

## But is that Enough?



Photo credit: Markus Spiske

- Current market dynamics mean the playing field is not level – market forces have failed
- There is too little antitrust enforcement to address these imbalances alone
- Will purchasers just live with the angst or decide to support, or at least not oppose, policy intervention?

# State Policy Interventions that Could Have Legs

Key policies could help to level the field, enhance competition on the right things (e.g. quality) and contain prices.



#### Some examples include:

- Rhode Island caps on increases in the prices health plans pay providers
- California's ban on gag clauses
- Massachusetts ban on payer-provider contract provisions that prohibit steering patients to particular providers or tiering providers as well as "most favored nation" clauses
- Oregon's Coordinated Care Organizations replacing traditional managed care plans

### **THANK YOU**

Suzanne Delbanco, Ph.D. Executive Director sdelbanco@catalyze.org





## Colleen Becker, MPP

Senior Policy Specialist National Conference of State Legislatures





Prescription Drug Policy and State Actions

Colleen Becker, Senior Policy Specialist

Alliance for Health Policy, January 28, 2022

# Prescription Drug Spending: Fast Facts

#### **National**

• 9-10% of national health care expenditures

#### States

• 5-10% of state Medicaid dollars spent on prescription drugs

#### Consumers

- Overall personal health care spending on prescription drugs averages 12-15%
- Average patient spend = \$1200/year

#### NCSL Prescription Drug Policy Tracking Database

- Search over **7,000** pieces of introduced and enacted legislation in 13 categories.
- More than 750 bills tracked in 2021!

#### Statewide Prescription Drug State Bill Tracking Database | 2015 -Present

10/1/2021



Welcome to the Prescription Drug State Bill Tracking Database!

Search approximately 7,000 pieces of passed, pending and failed legislation from 2015-2021 by state, year, topic, keyword, status, and/or primary sponsor. Topics include access, biologics and biosimilars, clinical trials and right-to-try, compounding pharmacy regulation, consumer cost-sharing, private insurance coverage, Medicaid coverage, pharamcy benefit manager (PBM) reform, pharmaceutical pricing, specialty drugs, prescription drug safety and errors, utilization management reform and others. For more information on the topics covered in the database, please see the guide section below the database.

### State Legislative Trends



#### States

- Alternative payment models (APMs)
  - Outcomes-based
  - Subscription-based
  - Spending targets/caps
- Bulk purchasing arrangements
- Drug importation
- Medicaid
  - Carve-ins/Carve-outs of pharmacy benefit in managed care contracts (MCOs)
  - Uniform preferred drug lists across MCOs

#### Consumers

- Insulin
  - Copayment limitations
  - Coverage for supplies
  - State-run patient assistance programs
- Copay accumulators
- Utilization management
  - Step-therapy
  - Non-medical switching
  - Prior authorization

### State Legislative Trends

#### And More....

- Pharmacy benefit manager (PBM reform)
  - Requiring licensure/registration
  - Gag-clause prohibitions
  - Patient choice of pharmacy
  - Spread pricing prohibitions
  - Reverse auctions
- Prescription Drug Affordability Boards (PDABs)
- Price and cost transparency across supply chain
- Prohibitions on 'excessive' price increases





- Most states, D.C. and territories in session
  - Approximately 120 bills in 25 states filed so far in 2022 and many more expected.
- Over 6,000 legislative seats up for election
- Federal government action/inaction





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# Stephanie Anthony, J.D., MPH Senior Advisor Manatt Health



# We value your input!

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# **Upcoming Event**

FEB
4

## Background on FDA User Fee Programs

12:00 pm ET - 1:30 pm ET

www.allhealthpolicy.org



## Learn More

Additional resources available online »

- Full speaker bios
- Resources list
- Expert list
- Presentation slides
- Recording

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# Thank you for attending.