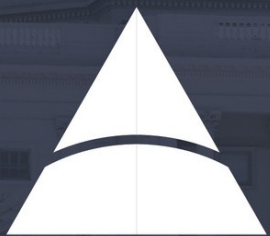




2022 Signature Series

Congressional Briefing

Federal Funding
Streams for Mental
Health Services





@SarahJDash

Sarah Dash, MPH
President & CEO
Alliance for Health Policy

2022 Signature Series Summit



allh.us/Signature

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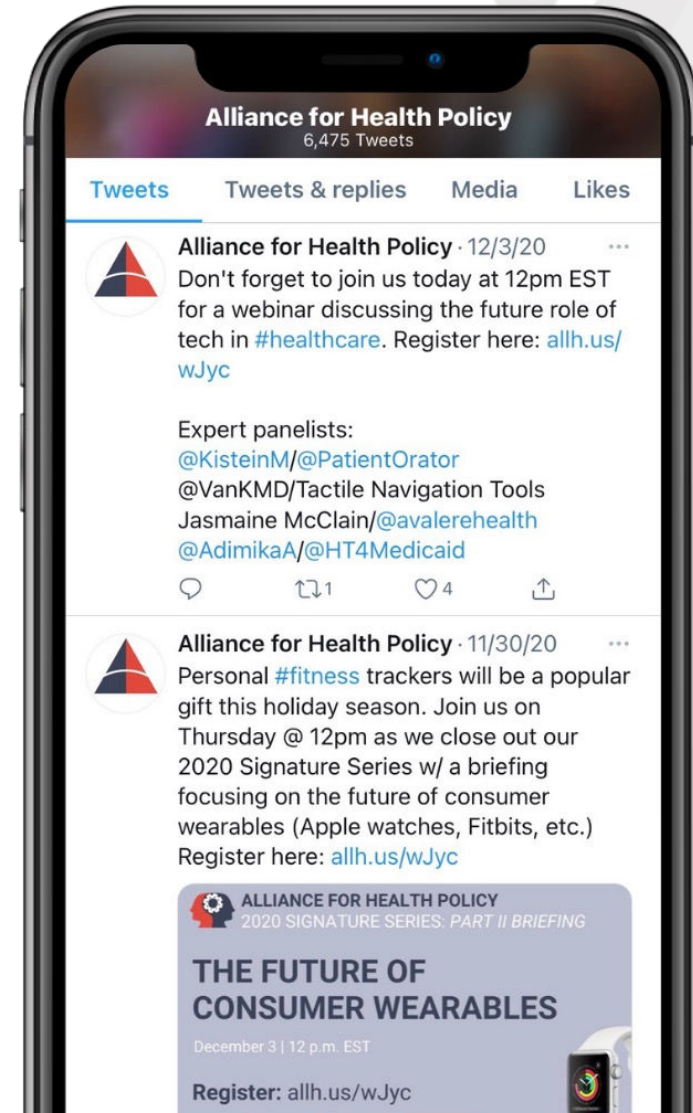
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Moderator

Catherine Finley

Partner

Thorn Run Partners



@Thorn_Run

SPEAKERS



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Federal Funding Streams for Mental Health

NASMHPD
January 20, 2023



Aaron J. Walker, MPA
Policy Director

Recent Funding: Bipartisan Safer Communities Act of 2022

- ▶ **Sec. 11001. Expansion of Community Mental Health Services Demonstration Program.**
 - This provision expands the existing Medicaid certified community behavioral health clinic (CCBHC) demonstration program nationwide to increase access to community based behavioral health services. Up to 10 new states may opt into the demonstration every two years.
- ▶ **Sec. 11002. Medicaid and Telehealth.**
 - This provision requires CMS to provide guidance to states on how they can increase access to health care, including mental health services, via telehealth under Medicaid and CHIP.
- ▶ **Sec. 11003. Supporting Access to Health Care Services in Schools.**
 - This provision improves access to mental health care in schools by requiring CMS to provide states with critical tools and resources to implement, enhance, and expand school-based health programs under Medicaid.
 - CMS would be required to issue guidance to state Medicaid programs outlining how states may receive Medicaid funding for health services provided in school settings.
 - The provision would also establish a technical assistance center at CMS and authorizes \$50 million in planning grants to states to help them take advantage of the flexibilities and best practices identified in this Medicaid guidance.

Recent Funding: Bipartisan Safer Communities Act of 2022 (Cont'd)

- ▶ Sec. 11004. Review of State Implementation of Early and Periodic Screening, Diagnostic, and Treatment Services
 - This provision requires CMS to regularly review states' implementation of the Medicaid Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit, which guarantees comprehensive health coverage for the nearly 40 million children enrolled in Medicaid today.
 - Specifically, CMS must identify gaps and deficiencies with respect to state compliance, provide technical assistance to help address these gaps, and issue guidance outlining best practices for the benefit.
- ▶ Sec. 11005. Pediatric Mental Health Care Access program reauthorization.
 - Reauthorizes the Pediatric Mental Health Care Access (PMCHA) grant program for five years and expands teleconsults into emergency departments and schools.
 - Administered by HRSA, the program supports state or regional networks of pediatric mental health care teams through teleconsultation, training, technical assistance, and care coordination for pediatric primary care providers to diagnose, treat, and refer children with mental health conditions.

FY 2023 Omnibus Appropriations for SAMHSA

- ▶ \$385 million for Certified Community Behavioral Health Clinics, a \$70 million increase over fiscal year 2022;
- ▶ \$1.01 billion for the Mental Health Block Grant, a \$150 million increase and includes 5% crisis care set-aside;
- ▶
- ▶ \$20 million, a \$10 million increase, to expand a pilot program for mental health crisis response grants;
- ▶ \$501.6 million in fiscal year 2023 funding—a nearly \$400 million increase—for the Suicide Prevention Lifeline to successfully transition to 988, which includes \$7 million to continue the Behavioral Health Crisis and 988 Coordinating Office at HHS;
- ▶ \$130 million for Children’s Mental Health Services, a \$5 million increase;
- ▶ \$111 million for Department of Education programs designed to increase the availability of mental health services in schools
- ▶ \$94 million for the National Child Traumatic Stress Initiative, an increase of \$12 million above the fiscal year 2022 enacted level

FY 2023 Omnibus Appropriations for SAMHSA (Cont'd)

▶ Seclusion and Restraint	\$1,147,000
▶ Project Aware	\$140,001,000
▶ Health Transitions	30,451,000
▶ Mental Health Awareness Training	27,963,000
▶ Infant and Early Childhood Mental Health	15,000,000
▶ Children and Family Programs	7,229,000
▶ Project LAUNCH	25,605,000
▶ Consumer and Family Network Grants	4,954,000
▶ Mental Health System Transformation	3,779,000
▶ Primary and Behavioral Health Care Integration	55,877,000
▶ Mental Health Crisis Response Grants	20,000,000

FY 2023 Omnibus Appropriations for SAMHSA (Cont'd)

▶ 988 Program	501,618,000
▶ National Strategy for Suicide Prevention	28,200,000
▶ Zero Suicide	26,200,000
▶ American Indian and Alaska Native	3,400,000
▶ Garrett Lee Smith-Youth Suicide Prevention	
▶ State Grants	43,806,000
▶ Campus Grants	8,488,000
▶ American Indian and Alaskan Native Suicide	
▶ Prevention Initiative	3,931,000
▶ Tribal Behavioral Grants	22,750,000
▶ Homelessness Prevention Programs	33,696,000
▶ Minority AIDS	9,224,000
▶ Criminal and Juvenile Justice Programs	11,269,000

FY 2023 Omnibus Appropriations for SAMHSA (Cont'd)

▶ Assisted Outpatient Treatment	21,420,000
▶ Assertive Community Treatment for Individuals with	
▶ Serious Mental Illness	9,000,000
▶ Interagency Task Force on Trauma Informed Care	2,000,000
▶ Science and Service:	
▶ Garrett Lee Smith- Suicide Prevention Resource Center	11,000,000
▶ Practice Improvement and Training	7,828,000
▶ Primary and Behavioral Health Integration	
▶ Technical Assistance	1,991,000
▶ Consumer & Consumer Support Technical	
▶ Assistance Centers	1,918,000
▶ Minority Fellowship Program	11,059,000
▶ Disaster Response	1,953,000
▶ Homelessness	2,296,000

FY 2023 Mental Health Trending Issues

- ▶ **988 Crisis Care/Continuum**
 - Continue to sustainably fund the continuum
 - User fees for cell and landline phones
 - Crisis stabilization and the IMD exclusion challenges
- ▶ **Workforce**
 - Retention and recruitment of mental health workforce
- ▶ **Prevention/Early Intervention**
 - Establish a set aside to address mental health challenges early to reduce onset of mental illness
 - Current MHBG statute allows for only SMI/SED
- ▶ **Peer Support/Recovery**
 - PEERS Act
- ▶ **Equity**
 - All communities, especially the underserved, receive what services are needed
- ▶ **Parity**
 - Mental health services are covered in the same manner as physical health

Key Themes for 988

▶ Sustainability

- Establishing consistent financing of crisis services from federal, state, and local levels and all payors.

▶ Technology

- The technology that must be developed, obtained, and implemented to ensure all aspects of the 988 system work within each state and community and with all community partners.

▶ Workforce

- Addressing the increased need for workforce and reducing the barriers while improving the recruitment, retention, and development of all levels of staff including those with lived experience.

▶ Equity

- Ensuring that all populations, especially the underserved, receive the services they need, when they need them, and delivered in an inclusive manner for all.

▶ Communications

- Messaging that demonstrates a crisis system that can be utilized by all (mental health or SUD crises), that creates wide awareness of the services that are connected to the community and available at anytime.

Thank You!

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Policy Director

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Director, Policy and Advocacy National
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The Certified Community Behavioral Health Clinic (CCBHC) Model

January 20, 2023

The Vision for the CCBHC Model



2022 CCBHC Impact Report

Expanding Access to Comprehensive, Integrated
Mental Health & Substance Use Care

The CCBHC model is established in every state and its providers will work to ensure:

- **Integrated Services:** Each CCBHC will provide affordable, community-based mental health and substance use services, including but not limited to evidence-based prevention, treatment and recovery supports
- **Cost-related Reimbursement:** Each CCBHC will have a site-specific bundled-payment rate such as a prospective payment system (PPS) and adhere to the CCBHC federal criteria established by SAMHSA for the CCBHC Medicaid Demonstration
- **High Quality Care:** Each CCBHC – and the state leaders in which they reside – will maintain quality measures and reporting structures required of the CCBHC model

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The CCBHC Model



Staffing



Availability & Accessibility of Services



Care Coordination



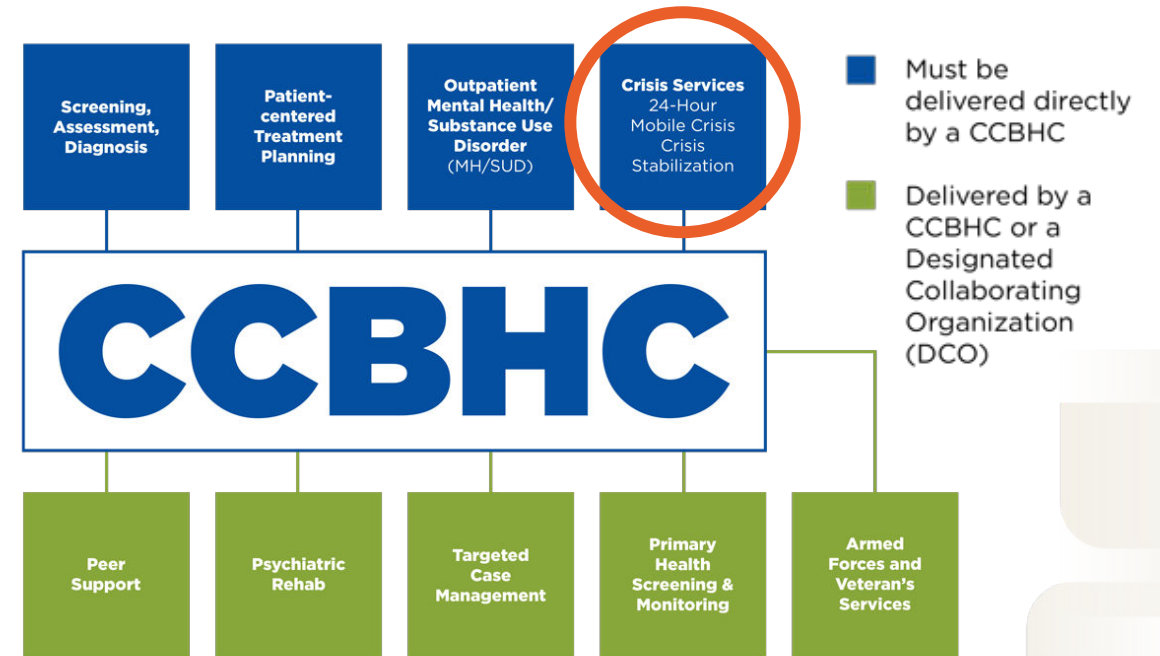
Scope of Services



Quality & Other Reporting



Organizational Authority, Accreditation & Governance



A specially-designated clinic that receives flexible funding to expand the scope of mental health & substance use services available in their community to ensure health equity and high-quality care for underserved populations.



77%
CCBHCs & GRANTEES

say their caseload has increased since becoming a CCBHC

Nearly
180,000

total new clients served by these clinics



This represents a 23% increase since becoming a CCBHC

30% average increase for state-certified sites vs. **18%** for grantee-only sites*



6,220
STAFF HIRED

Across the 249 responding CCBHCs and grantees as a result of becoming a CCBHC



Estimated
11,240
STAFF HIRED

across all 450 active CCBHCs as of August 2022



27
NEW POSITIONS PER CLINIC

on average since becoming a CCBHC
(82% of organizations have created at least 10 new staff positions)

These workforce expansions represent a 13% increase compared to prior to becoming a CCBHC.

Grantee sites had a 10% increase in staff; state-certified sites had a 16% increase in staff.*

*Difference is statistically significant



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CCBHC

Certified Community Behavioral Health Clinics

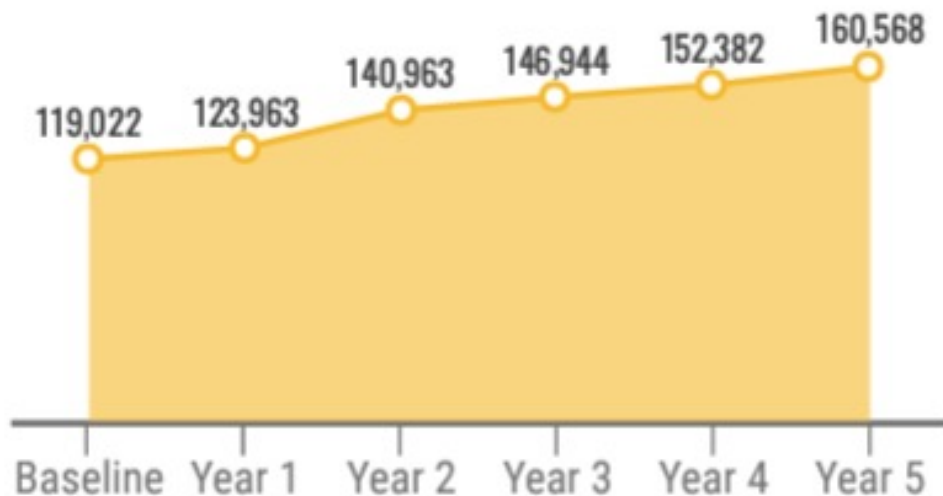
Missouri's Impact Report | Year 5 Improving Outcomes & Access to Care

↑ 35%

Increase in patient
access to care

Overall increase in patients
served from baseline (2017) to
Year 5 (2022)

Missourians Served by
CCBHCs



3,185



Veterans & active military
served by CCBHCs

↑ 26%

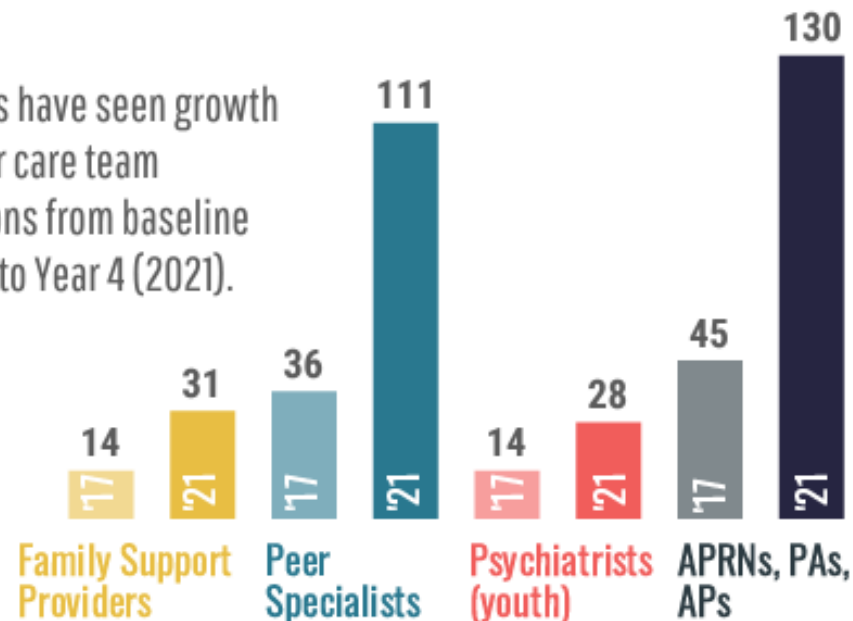
Overall increase in
veterans and active
military served from
baseline to Year 5

Certified Community Behavioral Health Clinics > Missouri's Impact Report | Year 5

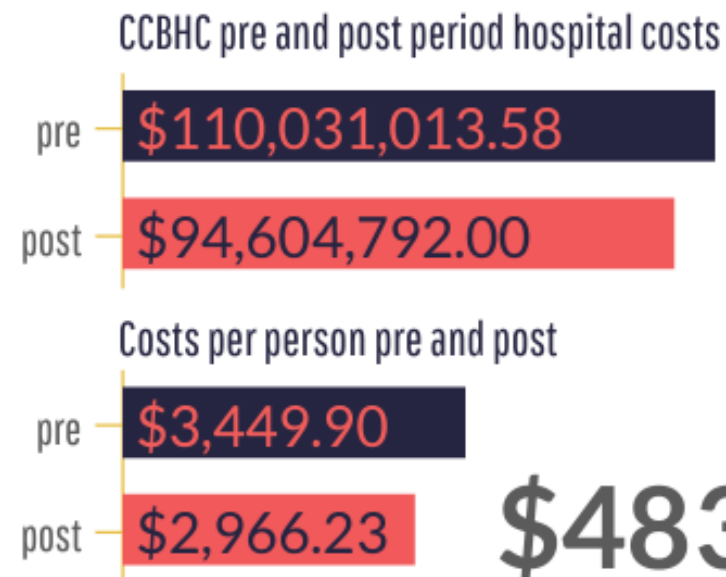


Workforce Recruitment

CCBHCs have seen growth in their care team positions from baseline (2017) to Year 4 (2021).



Cost Savings



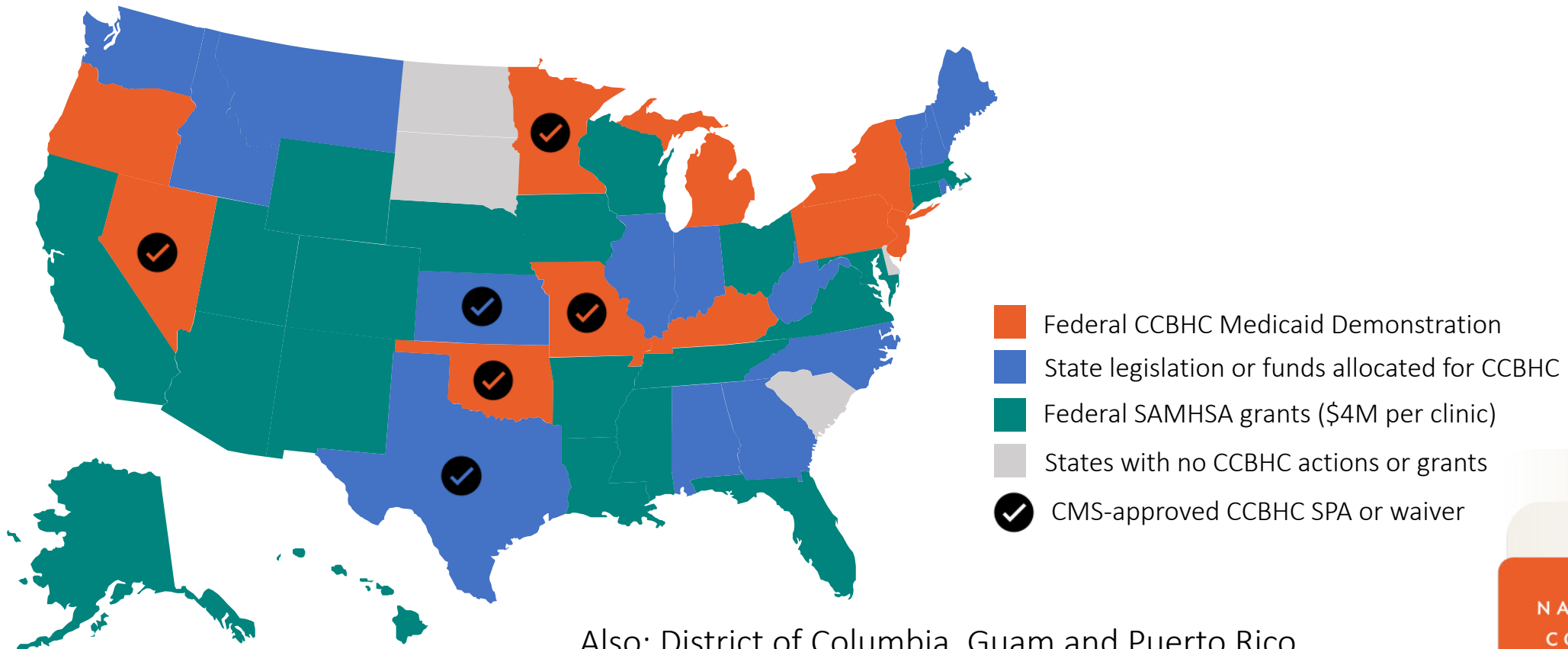
14%

Decrease from pre to post period hospital costs totaling

\$15.4
million in savings

\$483.67 savings per person

CCBHCs Across the Country





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Questions?

CCBHC SUCCESS CENTER

SPEAKERS



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Aaron Walker, MPA

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National Association of State Mental
Health Program Directors



Brett Beckerson, MSW

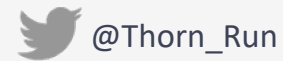
Director, Policy and Advocacy
National Council for Mental Wellbeing



Moderator

Catherine Finley

Partner
Thorn Run Partners





Christopher Holt
Vice President of Policy
Alliance for Health Policy



@holtallhealth

TAKE OUR SURVEY

Please fill out the evaluation survey you will receive via email this afternoon!



www.allhealthpolicy.org



PROGRAM ANNOUNCEMENT

2023 Signature Series

“Envisioning a Patient-First Health System”

The year-long series will feature facilitated working-group sessions, innovative panels, and center the patient experience and perspective throughout each program.

Sponsorship opportunities now available!

allh.us/Signature

UPCOMING EVENT

JANUARY 25 | 12:00-1:00 p.m. ET

What's Coming in 2023? Health Policy Priorities for the New Year

This virtual event will forecast potential health policy priorities for both states and the federal government and review major milestones from the past year and their potential impact on 2023.

allh.us/events

THANK YOU FOR ATTENDING!